

## The 22nd World Congress on Qigong / TaiChi / Traditional Chinese Medicine / Natural Healing <u>Theme: Building Community!</u> <u>Healing Spirit, Mind & Body Through</u> <u>Complementary and Integrative Health (CIH)</u>

Fostering Love, Liberty Achieving Wellness, Peace & Harmony

Congress Full Schedule September 24<sup>th</sup> to 27<sup>th</sup>, 2022 Websites; <u>https://worldcongressevents.org/</u><u>Register Eventbrite here.</u>

### **A FREE Virtual Event (Donations Appreciated)**

**COMPASSION, CARE & CARING** Serving all ages, families, communities with natural healing resources **Integrative Health Practice – Education - Research** 

**Focused Topics** 

Qigong / Tai Chi / Traditional Chinese Medicine / Natural Healing Mental Health Support & Help for Children, Adolescents, Adults, Aged Serving Military & Families, Spiritual Mystical Experience - Multidimensional Consciousness

# **FREE Virtual Event**

Donations Appreciated Fundraising Opportunities

**Register by Email here.** 

<u>Email: worldcongressevents@gmail.com</u> For technical assistance contact: <u>manu.malhotra@aol.com / 17169414111</u> /what's app +<u>919625765821</u> There may be changes in our program due to circumstances beyond our control.

Akamai University (AU) Continuing Education Credits Available Eligible for Bachelors, Masters, and Doctoral Degrees Dr. Mary Jo Bulbrook, AU President <u>info@akamai.university</u> / <u>www.akamai.university</u>

Congress Visionary Dame Dr. Effie Chow, PhD, RN, DipLAc (NCCAOM), LicAC (CA) Qigong Grandmaster. EWAHA Founder 1973. World Congress Founder 1990





# Schedule of Events Congress Co-Hosts





## Akamai University

Dedicated to improving human and planetary health

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#### Congress Sat., Sept. 24, 2022 (8 am to 8 pm Pacific)

### Includes Congress Awards Event (5-8 pm Pacific)

| 8 – 8:30 am | The Gong and Opening Daniel Leung Lion Group World<br>Champions for good health, prosperity, and peace!  |
|-------------|--|
|             | Welcome by Co-Hosts: Dr. Effie Chow, Rose Hong, Dr. Mary<br>Jo Bulbrook, Co-founders of the Global Healing Alliance – the<br>future home base for the World Congress. Introducing other<br>Congress Team members - Kay Lahdenpera, Gigi Oh, Ann<br>Colichidas, Manu Malhotra, Aruna Kapur, Sharron Rose, Rev.<br>Dr. AmaLiaWai-Ching Le, Dr. Charlene Ossler.          |
|             | <b>Dr. Terry Shintani, MD</b> , Kahuna Hawaiian Elder Priest<br>Congress Ceremony Prayer for Health and Peace. Voted one of<br>Hawaii's most valuable people.  |
|             | <b>Dr. Anita Chen Marshall,</b> DAOM, Pharm.D, L.Ac.<br>Vocalist Theme Song "The Impossible Dream" is a world renown<br>pharmacist, herbalist and acupuncturist.   |
|             | Her sister, Accompanying Harpist, Elizabeth Chen Christenson,<br>MD, LAc, is a Certified Therapeutic Harp Practitioner, an<br>integrative family medicine physician and founding director of<br>CHI Lifestyle Medical Center in Kailua, Hawaii. She is Associate<br>Clinical Professor at John A. Burns School of Medicine, UH., an<br>instructor of Tai Chi / Qigong. |

| 8:30 – 8:50<br>am    | <b>Dr. Steven Rosenblatt, MD</b><br><i>The New World Medicine: An Integration of East &amp; West</i> First<br>Acupuncturist in Integrative Health. Recently on Board of<br>NCCAOM.               |
|----------------------|--|
| 8:50 am–<br>9:10 am  | <b>Bill Douglas</b> , Founder & Director of World Tai Chi & Qigong Day (WTCQD) & Global Transformational Project including Global Youth Education. New publication: Gospel of Science.           |
| 9:10 am –<br>9:30 am | Dame Dr. Effie Chow, PhD, RN, DipLAc (NCCAOM), LicAC (CA)<br>Brief History of World Congress & Demonstrate Qigong: A Way of<br>Life. Includes spirit, mind, and body health & wellness, science, |

|                      | music, dance, relaxation, medicine, surgery, sports, all aspects of life!   |
|----------------------|---|
| 9:30 am –<br>9:50 am | <b>Dr. John Mattison, MD</b> "What COVID Taught us about Total<br>Health and Maintaining a Healthy Immunity" A Needed<br>Evolution of Medicine in Modern Times. Entrepreneur. |
| 9:50am–<br>10 am     | Rose Hong with Chinese Cultural Dance & Song  |

| 10 am –<br>1:30 pm | <b>Symposium of Scientific Lectures with Dr. Shin Lin,</b> Chair,<br>University of CA, Irvine. Symposium of 5 world renown<br>scientists.  |
|--------------------|--|
|                    | <ol> <li>Dr. Shin Lin, Professor in Cell Biology, Biomedical<br/>Engineering, and Integrative Medicine, and Director of the<br/>Laboratory for Mind-Body Signaling and Energy Research,<br/>University of<br/>California, Irvine, "Research studies on the health benefits of<br/>Qigong and Tai Chi and relationship to Traditional Chinese<br/>Medicine".</li> </ol> |
|                    | 2. <b>Dr. Lixing Lao,</b> Professor and President of University of Integrative Medicine, "Acupuncture clinical trials based on diagnosis based on Eastern and Western medical diagnosis".  |
|                    | 3. <b>Dr. Richard Harris</b> , Professor of Anesthesiology, Internal<br>Medicine, and Rheumatology, and member of the Chronic Pain<br>and Fatigue Research Center, University of Michigan Medical<br>School "Clinical trials and brain imaging studies on acupuncture<br>and acupressure for relief of pain/sleep<br>disorder/fatigue/cognitive dysfunction".          |
|                    | <ul> <li>Jian Kong, MD, Associate Professor at Harvard Medical School,</li> <li>Pain Imaging Laboratory at the Center for Acupuncture Neuroimaging, "The effect of Tai Chi/Qigong practice and acupuncture on brain function".</li> </ul>  |
|                    | 5. <b>Gaetan Chevalier, Ph.D</b> ., Research Faculty at California<br>Institute for Human Science and Visiting Scholar in Department<br>of Family Medicine and Public Health, University of California,<br>San Diego. "Medical Devices Using Different Forms of Energy for<br>Diagnosis Health and Healing".   |

| <b></b>              |  |
|----------------------|--|
| 1:30 pm –<br>3:30 pm | Master Marisa Vocca, Italian World Congress Representative for<br>Qigong in Italy, "Self-Healed Cancer & Broken Pelvis with<br>Qigong". The Qi of Dao from Rome Italy.   |
|                      | Master Adrian Florea, Romanian Qigong. "How Qigong helps<br>allay fear and stress from war in the nearby country of Ukraine".<br>Includes some Qitaky Qigong movements.  |
|                      | Master Shudong Li – President of National Tai Chi Association & on California State Acupuncture Board San Jose, SF Bay Area.   |
|                      | <b>Ms. Syndi Seid,</b> "The Healing of Qi through Daily Manners,<br>Respect, and Courtesy". World leading authority on International<br>business protocol and social etiquette. Founder of Advanced<br>Etiquette Offices in Beijing, China, and Chennai, India.  |
|                      | <b>Dr. Jason Hao</b> "Neuro-acupuncture for Difficult Neurological Disorders " from Albuquerque, NM. Jason Hao is editor in chief and translator in chief for the textbook <i>ACUPUNCTURE AND MOXIBUSTION</i> published by WFCMS. Dr. Hao is the president of the Neuro-acupuncture Institute in the USA. He is the author of the book, <i>Chinese Scalp Acupuncture</i> . |
|                      | Madeline Newmark, age 10 years old – Pianist & Acrobatics. (10 min.)   |

| 3:30 pm –<br>5 pm | <b>Dr. Terry Shintani,</b> MD, Nutritionist. Listed as one of 50 most important citizens of Hawaii. Presentation on "The Peace Diet, Integrated Health"  |
|-------------------|--|
|                   | <b>Dr. Sonia Gaeml</b> – Key Qigong / Nutritionist. Expert Qigong representative from Iran. " Creative Green Medical Lifestyle in Schools for Children".   |
|                   | Alexis Iritani Dancer from Academies of Chicago and United Kingdom.  |
|                   | Akamai University esteemed faculty, <b>Dr. Patrick J. Conte</b> , MD,<br>PhD in Ayurveda Medicine, Certificate in Medical Acupuncture,<br>and <b>Dr. Michael Corradino</b> , Founder of Neuroacupuncture, Inc.<br>Affiliate Akamai University, <i>Doctorate of Neuroscience</i><br><i>Acupuncture, (DNA)</i> .   |
| 5:15 pm –<br>8 pm | Gala Award Ceremony Hosts Rose Hong & Gigi Oh Greetings with spectacular presentations.  |
|                   | World Famous Shaolin Temple Monk Group of San Francisco<br>Grandmaster Shi Yanran Director with Assistant Diana Hong,<br>featuring their children group. Exhibit of exceptional power to<br>resist sword, spear, etc.  |
|                   | World renown Iron Crotch Grandmaster Tu – Iron Crotch is the<br>most talked about ancient Chinese practice! Called "Jiu Jiu Shen<br>Gong (99 Power Practice)" GM Tu is a TCM Healer with incredible<br>strength exhibition of Extreme Yin energy. Stand on raw eggs and<br>paint a lovely painting in less than 5 minutes. THEN Extreme Yang<br>energy pulling a van with his Qi-endowed male organ. |
|                   | <b>Dr. Stanley Ngui</b> from Toronto, Canada, The Ngui System of Qi<br>Healing: "Ngui style Integrative Medicine Clinic & Qigong Studio"   |
|                   | SPONSOR Presentation (Details forthcoming)   |

| Dr. Sandra Rose Michael on the "Energy Enhancement System                     |
|---|
| (EES)" to neutralize EMFs. Founder of system.                                 |
|   |
| 6pm - 8pm Awards Presentation & Honoring Past Awardees MCs                    |
| Rose Hong & Gigi Oh.  |
| End with Theme Song: "The Impossible Dream"                                   |
|   |
| Sing Along with award-winning blues songstress <b>NICOLE HARTE.</b>           |
|   |
| Lyrics  |
| To dream the impossible dream   |
| To fight the unbeatable foe   |
| To bear with unbearable sorrow  |
| To run where the brave dare not go  |
| To right the un-right able wrong  |
| To love pure and chaste from afar   |
| To try when your arms are too weary   |
| To reach the unreachable star   |
| This is my quest,   |
| To follow that star   |
| No matter how hopeless, No  |
| matter how far.   |
| To fight for the right  |
| Without question or pause,  |
| To be willing to march  |
| Into hell for a heavenly cause.   |
| And I know if I'll only be true   |
| To this glorious quest  |
| That my heart will lie peaceful and calm                                      |
| When I'm laid to my rest  |
| And the world will be better for this   |
| And one man, sore and covered with scars                                      |
| Still strove with his last ounce of courage                                   |
| To fight the unbeatable foe   |
| To reach the unreachable star   |
| Source: <u>Musixmatch</u><br>Songwriters: Leigh Mitch ( Darien Jesenh         |
| Songwriters: Leigh Mitch / Darion Joseph                                      |
| The Impossible Dream lyrics © Helena Music Company, Andrew Scott Music Videos |
| VIUCOS  |
|   |
|   |

### Congress Sun., Sept. 25, 2022 – 8 am to 6 pm Pacific

(11am-9 pm Eastern)

| 8 am – 1pm | Hosts: Sharron Rose - President of Sacred Mysteries Production<br>is a Filmmaker, author, composer, and master teacher and performer<br>in World Music and Dance. She is the Producer/Director of the<br>groundbreaking documentary series, <b>Quantum Qi,</b> as well as many<br>other documentaries.   |
|------------|--|
|            | <b>Rev. Dr. Ama Lia Wai-Ching, Founder of Infinity Quantum Qi</b><br><b>Gong and TranscenDance.</b> She is a multidimensional healer, and<br>Associate Producer for Quantum Qi,  |
|            | <b>Dr. Roger Jahnke, OMD</b> ., Director, <b>Institute of Integral Qigong and</b><br><b>Tai Chi (IIQTC),</b> Founder of the Healer Within Foundation, developer<br>of Tai Chi Easy and Associate Producer for Quantum Qi. Roger is the<br>author of <i>The Healer Within</i> and <i>The Healing Promise of Qi</i> , and<br>contributing editor to the textbook <i>Chinese Medical Qigong</i> . |
| Welcome    | <b>Quantum Qi: The Taoist Art of Nurturing Life</b><br>Weaving together the intellectual, scientific, experiential, and artistic<br>realms of Qigong, Tai Chi, TCM, Taoism and Integrative Health, the<br>Producers of Quantum Qi bring together cast members to share their<br>wisdom.  |
|            | "Infinity Quantum Qi Gong Meditation and Practice". –<br>Rev. Dr. Ama Lia Wai-Ching, a spinal Qi Gong, based on the<br>sacred geometry of the figure eight and infinity.   |
|            | "Welcome"<br>Sharron Rose, Rev. Dr. Ama Lia Wai-Ching, Dr. Roger Jahnke  |
| Panel 1    | "Interview with <b>Sharron Rose</b> - Quantum Qi an experiential journey<br>into the heart of the Tao". by <b>Clara Apollo – Host of Qi Time on UK</b><br><b>Health Radio</b>  |
|            | "Meditative music from the score of "QUANTUM QI". with Musicians – Jesse Manno, James Hoskins, and Beth Quist  |
|            | Panel 1 - Moderator <b>Dr. Roger Jahnke</b> "<br>The Quantum Field and Qi Gong".   |
|            |  |

|         | <b>Master Ming Tong Gu -</b> Wisdom Healing Qigong, Founder of The Chi Center. He has mastered the unique ability to lead the collective  |
|---------|---|
|         | energy field to accelerate personal and global healing.   |
|         | <b>Dr. Sandra Rose Michael, Inventor</b> Bio-Scalar EESystem<br>Technology, Applied Integrative Bio-Physics Researcher, Speaker,<br>Holistic Health Educator  |
|         | <b>Sifu Matthew Klein</b> "The Injury Whisperer," creator of Sober Martial Arts and The Martial Arts of Wellness. His lifetime's goal, passion and focus is using the body's electromagnetism (chi) for wellness, power and success.  |
|         | <b>Dr. Ama Lia Wai-Ching, &amp; Sharron Rose</b><br>"From Subtle Arts To Martial Arts Film Trailer"   |
| Panel 2 | Panel 2 - Moderator <b>Sharron Rose</b><br>" <b>Wei Qi Field and the Art of Energetic Protection"</b>   |
|         | <b>Master Lee Holden,</b> Holden Qigong, is an internationally celebrated Qigong master and a pioneer in bringing ancient Taoist teachings to Western culture. He's helped improve the lives of millions with his popular library of DVDs, American Public Television programs, writing, and workshops during 30 years of teaching.                         |
|         | <b>Master Daisy Lee</b> , Founder, Radiant Lotus Women's Qigong has<br>been supporting women in their quest for health and healing with a<br>rejuvenating self-care qigong. She has more than 20 years of<br>teaching experience, including at Johns Hopkins, Mount Sinai,<br>Women's College hospitals, and in workshops with women all over<br>the world. |
|         | <b>Master Robert Peng,</b> world renowned QiGong Master and healer.<br>Together with Archbishop Desmond Tutu and Pema Chödrön, Robert<br>was honored as one of <i>Spirituality &amp; Health</i> magazine's "Top 10<br>Spiritual Heroes of 2013"   |
|         | <b>Master Lorelei Chang,</b> renowned qigong and tai chi teacher, modern dance artist, and Chinese calligraphy, recently performed at the closing ceremonies for the 2018 Winter Olympics in Pyeongchang, South Korea.  |
|         | <b>Rev. Dr. Ama Lia Wai-Ching,</b> Founder of Infinity Quantum Qi Gong and TranscenDance.   |
|         | Masters Li Jun Feng and Master Jing Li –interview and practice,<br>"Sheng Zhen. (Sacred Truth) Practice and Interview"  |

|         | <b>Master Li Jun Feng,</b> Master Li Jun Feng is the founder of Sheng<br>Zhen Meditation, and former world-renowned coach of the Beijing<br>Wushu team. He has also starred-in and choreographed several<br>Chinese martial arts films.  |
|---------|--|
|         | <b>Teacher Li Jing,</b> creator of Jing Tai Chi Li Jing, is principal teacher for the International Sheng Zhen Society, and has traveled and taught extensively all over the world for the past 15 years. She emphasizes the innate power of the Heart as to the secret of tranquility.  |
| Panel 3 | Panel 3 – Moderator Sharron Rose "Nature and the Dao"  |
|         | <b>Peter May</b> -Founder Windhorse Alchemy, offering tools and support<br>for the spontaneously arising journey of lifeforce awareness, space,<br>& personal electromagnetic field.<br>A Grammy award winning musician, he is the producer and lead<br>musician in the <i>nature fusion</i> band <u>The Sonic Apothecary</u> .  |
|         | <b>Dr. John Milton,</b> Meditation, Qigong and Tai Chi instructor, author, and environmentalist. Founder and CEO of Way of Nature; Inc., A founding father of the environmental movement in the early 1960s, he was a professor of environmental studies and a Woodrow Wilson Center scholar at the Smithsonian Institution. He was one of the first ecologists on staff at the White House as a member of the President's Council of Economic Advisors, and was a founding member of the environmental organization Friends of the Earth. |
|         | <b>Elzabieta Kosmicki</b> (Elza), editor of Reasons and Seasons<br>magazine, has a background in education and community health<br>systems, she is an Advanced Certified BodyTalk Practitioner,<br>Certified BodyTalk Instructor, licensed somatic therapist and Qigong<br>and therapeutic movement instructor.  |
|         | Alana Lee  |
|         | Founder of The High Frequency Loft is a high-powered training studio<br>and spiritual community space in Taos New Mexico. She has been<br>teaching movement and meditation for over 20 years to all ages and<br>levels. She has led workshops in Yoga and Fitness all over the world<br>and is certified in 20 different formats and modalities. \   |
|         | Master Lorelei Chang – "Qi Dance" –<br>A renowned qigong and tai chi teacher, modern dance artist, and<br>Chinese calligrapher recently performed during the closing<br>ceremonies for the 2018 Winter Olympics held in Pyeongchang, South<br>Korea  |

| Panel 4 | WHAT IS QI? Panel 4<br>Moderator Rev. Dr. Ama Lia Wai-Ching  |
|---------|--|
|         | "Integrative Healing". <b>Dr. Rajeev Gupta, MD</b><br>Dr. Rajeev Gupta is a qualified medical doctor with 26 years<br>experience in National Health Service United Kingdom. He has been<br>chairman of the Regional Council of BMA and Regional Consultants<br>Committee and is Chairman of Central Specialist Committee of the<br>Royal College. He is a yoga teacher, has an interest in<br>complementary and alternative medicine, and is the Master Mind<br>keen on integrating Conventional Medicine with other disciplines.                                    |
|         | Prof. Dr. Madan Thangavelu is a<br><u>Genome Biologist</u> . His academic affiliations include Research<br>Fellowships at the Department of Oncology, University of Cambridge,<br>Medical Research Council<br>Cancer Cell Unit, Medical Research Council Laboratory of Molecular<br>Biology, Cambridge. He is a Member of the <u>Mind-</u><br><u>Matter Unification Project</u> of the Theory of Condensed Matter<br>Group at the <u>Cavendish Laboratory</u> , <u>Cambridge</u> , and a Board<br>Member and Research Director, <u>European Ayurveda Association</u> |
|         | <b>Dr. Kim Engard ND, LAc</b> has been practicing Natural Medicine for over 30 years. She is a licensed Naturopathic Doctor, Acupuncturist, Medical Herbalist and Qigong Instructor that is committed to healing with natural medicine.  |
| Closing | <b>Dr. Lonny Jarrett</b> Worldwide leading practitioner, author, scholar,<br>and teacher of East Asian medicine. He is the author of <i>Nourishing</i><br><i>Destiny: The Inner Tradition of Chinese Medicine</i> , <i>The Clinical</i><br><i>Practice of Chinese Medicine and</i> Deepening Perspectives on<br>Chinese Medicine.  |
|         | <b>Dr. Keith Sharp,</b> Honorary President of the TCUGB, he recognized the need of suitable exercises for over 65s, some 20% of the UK. He has initiated the program to have Tai Chi and Qigong accepted by the UK government and is dedicated to the production of Professional Standards for TCQ Health and Wellbeing Instructors.   |
|         | "Quantum – Wuji - Presence". <b>– Dr. Roger Jahnke</b>   |
|         | Closing with Dame Dr. Effie Chow, Sharron Rose, Dr. Roger Jahnke, and Rev. Dr. Ama Lia Wai-Ching   |

| 1pm – 3pm | Round Table Discussion on the Congress's Declaration of Intent   |
|-----------|--|
|           | Goal: To form partnerships and alliances with appropriate<br>compatible organizations to achieve the goal of health care for all<br>that includes both Western and Eastern qualified practice,<br>education, and research with financial reimbursement available<br>to provide services. This includes Wellness for All position<br>presented at this congress.  |
|           | Dr. MJ Bulbrook, RN Chair & Host<br>Dr. Steven Rosenblatt, MD, PhD,<br>AU<br>Academic Office Headquarters in<br>Kamuela, Hawaii. Appointed to<br>NCCAOM as of Feb. 2022 <u>https://www.nccaom.org/</u>   |
|           | Present the history of NCCAOM & current<br>status <b>Dr. Melinda Connor, Dr. Brian</b><br><b>Daley, MD, Dr. Caitlin Connor,</b> Natl.<br>Certification Center of CAM Energy<br>Practitioners – Update<br><u>https://nccoep.org/</u>  |
|           | <b>Dr. John Mattison, MD,</b> Legislative & Policy Hurdles<br>Dr. Mattison was Chief Medical Information Officer for the<br>Southern California Region of Kaiser Permanente, in which<br>capacity he helped support the growth of one of the nation's<br>leading integrated healthcare institutions.   |
|           | <b>Dr. Robert (Bob) Bray,</b> Board Member <u>ACEP</u> , Thought Field<br>Therapy, Public Policy Challenges –<br>Quote on <u>ACEP website</u> from Deepak Chopra about Energy<br>Psychology "I am an advocate for meditation. However, trauma,<br>anxiety and other emotional problems can interfere with the<br>health benefits of meditation, and can even make it hard to<br>meditate at all. Fortunately, energy psychology methods can<br>help. " |



| 3pm –<br>5:30 pm | Inspirational Performers and Speakers   |
|------------------|---|
|                  | <b>Dr. Alex Feng, PhD, OMD, LAc –</b> Brief Taoist Blessing, then presentation "Medical Qigong For Health - Managing Cancer". Founder Zhi Dao Guan, The Taoist Center and Clinic for Traditional Chinese Medicine, Oakland, CA. |
|                  | <b>Dr. Anita Chen Marshall,</b> DAOM, Pharm.D, L.Ac. "Herb and Drug Interactions." Internationally renowned pharmacist, herbalist, acupuncturist.   |
|                  | Master Cathy Mu – "Qigong & Abundance", CPA Professional  |
|                  | Master Wang, Director of QinGuolin Qigong from China,. Most internationally noted success with Cancer cases.  |
|                  | <b>Dr. Juan Montero, MD</b> of Health on Wheels (HOW), Innovative Medical Services for over 20 years!   |
|                  | <b>Carter New</b> - 10 years old Black Belter in Tai Kwan Tao with his father <b>Jak New</b> from Victoria, BC, Canada (10 min.)  |
|                  | World renowned Shaolin Temple Monks Adult performance.<br>USA Director Shi Yanran including their Children Troup! (English<br>speaking assistant is Diana Hong) Dance with Martial Arts   |

|                      | <ul> <li>Acrobatic demonstration and resistance against swords, spears, and other instruments.</li> <li><b>Rose Hong,</b> Director Owner of Global Dragon Television (GDTV) "The Art of Promotion". Vital Qi Essence of Promotion/Publicity and Funding to Grow Your Business and Life! New Book "The American Odyssey".</li> <li><b>Mr. Norm Mayall</b> Founder and CEO of ACESO Foundation. "Healing the Community" Mission to Empower People. Building Health Community. ACESO is focused on the health of the economy, our community and the world.</li> <li>Integrative Health Inspirational Closing Speaker</li> </ul> |
|----------------------|--|
| 5:10 pm –<br>5:30 pm | Host: Dr. Mary Jo Bulbrook and Dame Dr. Effie Chow:<br>Stage full of Entertainers & Presenters all<br>conducting collective prayer for love,<br>compassion, and PEACE participating by<br>different prominent healers representing<br>CAM with Dr. Mary Jo Bulbrook ending with the CIRCLE OF LOVE<br>COLLECTIVE AHMING with participation of Taoist Priest Dr. Alex<br>Feng; Master Daisy Lee; Dr. Terry Shintani, MD; Rev. Dr. Ama<br>Lia Wai-Ching Lee<br>During the AHMING, Dr. Effie Chow will read the poem "LOVE BY<br>EMMETT FOX" FROM BOOK MIRACLE HEALING FROM CHINA:<br>QIGONG. SHOW WORDS ON SCREEN              |
| 5:30 pm –<br>6 pm    | Mary Jo Bulbrook, Effie Chow, & Rose Hong<br>Future of Global Healing Alliance.<br>Virtual hug self, each other, and the world &<br>universe.<br>Goal of monthly and more, even weekly<br>frequent mastermind workshops (with fees) featuring our<br>Congress speakers and awardees and other world-renown<br>experts. (There may be a limited number of scholarships<br>available).   |

Akamai University Academic Credits will be offered for the Congress. Yearlong master/mind workshops to apply for certificates and degrees in Complementary Integrative Health (CIH) or Complementary and Alternative Medicine. (CAM).

Description of AU offerings click here.



## Akamai University

Dedicated to improving human and planetary health

The first Mastermind Workshop will begin the fourth weekend of October 2022.

Our primary goal is seeking ultimate funding resources for health and wellness practices for both clients/patients and practitioners, not just for medicine and surgery! Interested individuals and corporations are invited to join us on the ground floor in building this essential structure! **This is our Dream!** 

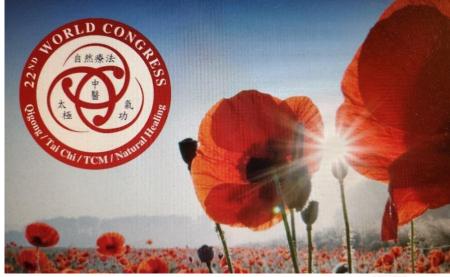
As we hug ourselves, each other, and the world let us sing, hug, and laugh together. "The Impossible Dream" Sing along WITH ACAPELLA SONGSTRESS **LANETTE NEW AND GROUP.** 

Visit our World Congress <u>website</u>, and stay tuned to our World Congress <u>YouTube channel.</u> Connected to our team by email at worldcongressevents@gmail.com.



<u>Fund Raising Opportunities for Target Populations: Click here and identify</u> <u>your target audience.</u> Military, Underserved, Mental Health Challenges, <u>Inequality</u> <u>Connect to us through our social media here:</u> <u>https://www.linkedin.com/in/world-congress-qigong-tai-chi-tcm-naturalhealing890b12243/</u>





Website; <u>https://www.akamai.university/worldcongress.html</u> eMail: worldcongressevents@gmail.com

The 22<sup>nd</sup> World Congress on Qigong / TaiChi / Traditional Chinese Medicine / Natural Healing

> <u>Theme: Building Community!</u> <u>Healing Spirit, Mind & Body through</u> <u>Complementary and Integrative Health (CIH)</u>

Fostering Love, Liberty Achieving Wellness, Peace & Harmony

## Congress September 24<sup>th</sup> to 27<sup>th</sup>, 2022 A FREE Virtual Event (Donations Appreciated)

Schedule may be subject to change outside of our control.



REVOLUTIONIZING HEALTH CARE

Congress Mon., Sept. 26, 2022 – 8 am to 6 pm Pacific (11am-9pm EST) Latest Paradigm Shifts to Expect: The Evidence & the Experiences



We are ONE! We are Connected! We are EQUAL! We ALL Count!

Let us "Hear each other", "Speak our truth", "Operate from our strengths."

Let us Celebrate Life, achieving PEACE & JUSTICE FOR ALL!

Pacific Times: Topics & Presenters:

| 8 am – 8:30 am | Welcome Building Community!<br>Opening Meditation Remarks, &<br>Meditation by<br>Amy Frost & MJ Bulbrook Soul 2 Soul | SOUL<br>2SOUL |
|----------------|--|---------------|
| 8:30 – 9 am    | Continuing Education Opportunities and<br>Affiliated Academic Partner – <b>Akamai U</b>                              | -             |
| 9 – 1 pm       | Panel Special Innovations Cutting Edge<br>Host: Dr. Mary Jo Bulbrook, President, A                                   | •             |

| Breakthroughs in Energetic Science, Practice & Education   |
|--|
| <b>Dr. Glendalle Cooper – Opening Remarks –</b> North American Indigenous<br>Educator of Cherokee & Russian Ancestry & Practitioner of Chinese Jin Shin<br>Jyutsu  |
| <b>Dr. Lynne McTaggart,</b> "Into the Field; Super Charge your Life, Health, Consciousness.".  |
| 'Pioneering investigator shares scientific discoveries of human mind and body are not separate from the environment.   |
| The Field unites us all as one - includes a new look on the supernatural phenomenon."  |
| Lynne is an investigative scientist who has proven through 35 Global Scientific<br>experiments working with scientists and leading universities as a champion of<br>how we are all connected in life; from quantum, to cellar, personal<br>relationships, business and social structures. She documented supernatural<br>phenomena exists.   |
| <b>Dr. Christine Bair, RN, LPC, LMFT, Interspiritual Minister</b> , - The Heart Field Effect   |
| <b>Dr. Paul Mills, PhD,</b> Author: Science, Being & Becoming: The Spiritual Lives of Scientists, Coming October 2022  |
| <b>Dr. Austin Mardon</b> , CM, KCSS, FRSC, FRCGS, Ast. Adj. Prof. Department of Psychiatry & John Dossetor Health Ethics Centre, Univ. of Alberta, Special Advisor to Glenrose Rehabilitator Hospital Dr. Mardon was invited to be a member of the 1986-87 <u>Antarctic meteorite</u> expedition for <u>NASA</u> and the <u>National Science Foundation</u> . 170 miles from the <u>South Pole</u> station when his team found hundreds of meteorites. In 1992, Dr. Mardon was diagnosed with schizophrenia. Following his diagnosis, Dr. Mardon began work as an activist for people with mental illnesses. |
| <b>Dr. Medani P. Bhandari</b> , Expert in Social Innovation, Sociological Theories,<br>Environmental Sustainability, Climate Change, Int. Environmental Politics,<br>Prof. Dept. of Finance, Innovation and Entrepreneurship, Sumy State<br>University, Ukraine. Vice-President, Akamai University   |
| <b>Nithya Poorani,</b> India – Creation of International School of Bioenergetic<br>Wellness in India as a PhD Candidate at Akamai University & Collaborator of<br>Serving Families, Children & Youth in India.   |
| <b>Dr. Tiffany Barsotti, PhD</b> in CAM – Effects of Sacred Objects on the Human Biofield – Implication for Future   |

| <b>Dr. Rhonda Yates, PhD</b> How Volunteerism Changed Lives Caring for Children with Cancer, Director at Large, Akamai University  |
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| <b>Dr. Man BK, PhD</b> Green Growth Economy: Address World Hunger Issues,<br>Nepal   |
| <b>Dr. Melinda Connor,</b> PhD, Executive Director of Research, Akamai University -<br>Review practitioner prep exercises, qi emission techniques, meridian<br>selection, and direct tissue support. Issues of over or under working the<br>tissue, tonify or reduction of left-over charge after the surgery, correction of<br>meridian flow and rebuilding cut meridians, including breath and focus<br>techniques. Sharing practical tools, the clinician / practitioner can teach<br>clients to do for themselves. |
| Michelle Greenwell – PhD Student Scholar & Innovator   |
| Bioenergetic Wellness Empower clients  |
| Presentation Title: I am the Change I Desire: Movement & Well-Being  |
| "Alone we can do so little. Together we can do so much." Helen Keller  |
| Natural Healing: An Integrative Approach to Transform Your Life Meditation,<br>Music, Movement & Drawing   |
| <b>Amy Frost:</b> Inspirational Speaker - "Multi-Dimensional Conscious Friending: Skills for Stress Relief & Life/Work Success"  |
| <b>Dr. Robert L. Friedman, PhD</b> – The Healing Power of the Drum using RhythmBased Therapy for Various Conditions & Populations including Alzheimer's, Parkinson's Patients and Children with Cancer.  |
| <b>Rachel Weaver</b> – PhD Scholar Creative Arts Unlock Hidden Blocks to Health and Wellness   |
| <b>Greg Carpenter, LMFT</b> , Psychotherapist, MA, EFT, Mindfulness, Intention<br>Energy Process & Sound Therapy. <u>Clinical Services for Greg</u> ,<br><u>AAMFT Clinical Fellow</u>  |
| Closing Remarks: Dr. MJ Bulbrook & Amy Frost   |
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#### Tues., Sept. 27, 2022, at 8am to 6pm Pacific Time (10am-9pm Eastern)

Strengthening Families, Communities & Nations through 7 C's:

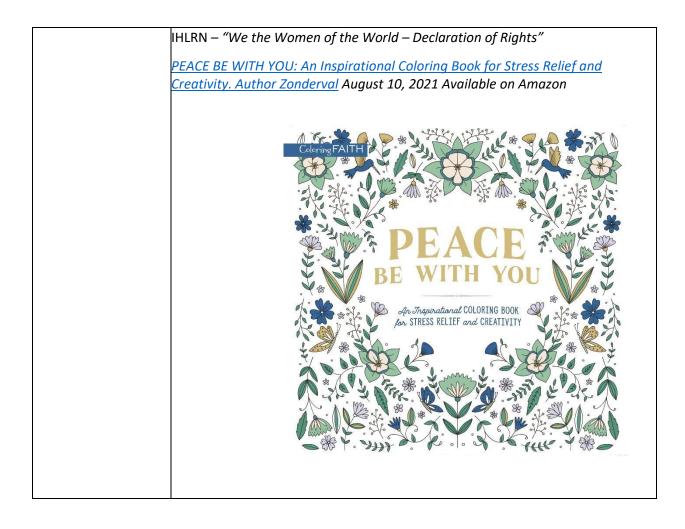
Congruent Communication, Cooperation, Compassion, Care & Caring <u>Celebrating ALL Life</u>!

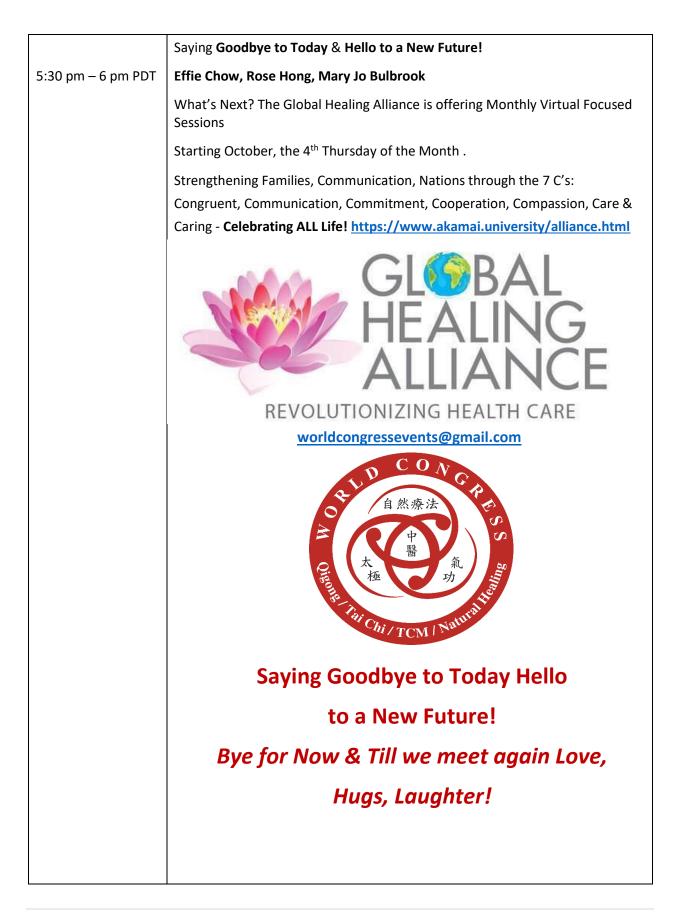
Pacific Times: Topics & Presenters:

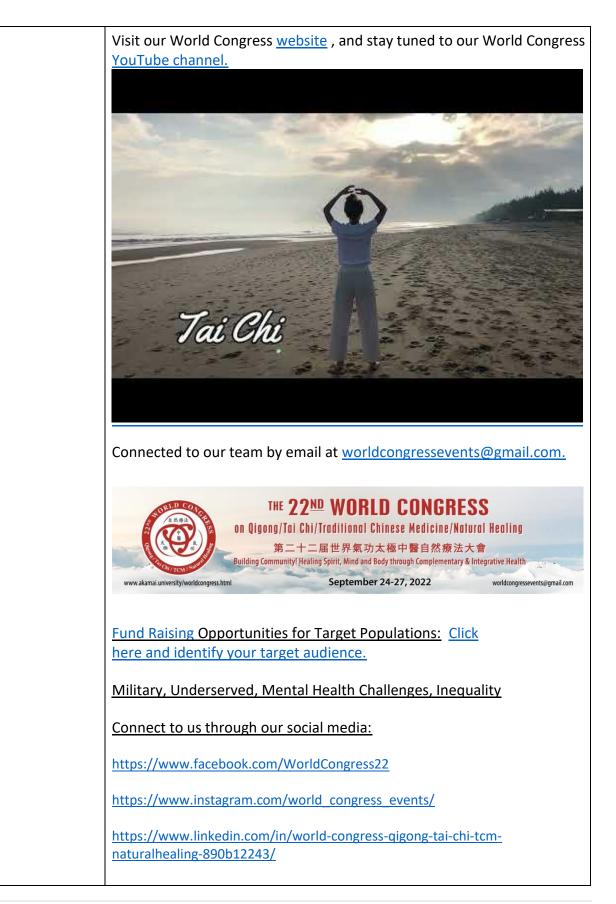
| 8am – 8:30 am  |   |  |
|----------------|---|--|
|                | SPIRITUAL<br>Mystical<br>Experiences<br>Heart Centered Learning<br>Bridging Spirituality and Health   | Welcome! Building Community!<br>Opening Meditation by Amy Frost & MJ<br>Bulbrook<br>Multi-dimensional Connections between<br>Spiritual<br>Realms - Before, During & After Life |
| 8:30 am – 9 am | Mystical Experiences - GREGG  | brook, RN taken<br>The Power of<br>how, RN who<br>e & MJ as well.<br>Science behind the power of LOVE & Spiritual<br>BRADEN: "Our ElectroMagnetic HEART Affects                |
| 9am – 10:30pm  | Reality"       Feb 16, 2015, <a href="https://www.youtube.com/watch?v=X1SMqQH7FJU">https://www.youtube.com/watch?v=X1SMqQH7FJU</a> Round Table Discussions on Energy Practices: Integrative Health & Natural Healing, Energy Medicine, Energy Psychology, Energy Dynamics, Biofield Energetics, Transpersonal Studies: Invited Guests Explore Historical Landmark Contributions of Practice, Education, Research in:         Healing Touch, (HT), Energy Medicine Partnerships (EMP): Transform Your Life through Energy Medicine, (TYLEM), Eden Energy Medicine, Touch for Health, (TFH), Therapeutic Touch, (TT), AHNA Endorsed Holistic Care, Reiki, CAN BE WELL         ACEP - Energy Psychology: Emotion Freedom Techniques, (EFT), (TAT), (EMDR), Thought Field Therapy, and more!         Dr. Paul Mills, Researcher Spirituality         Rachel Weaver, MSW, LISW-S, LICDC-CS, DBTC, REAT, RMT, EMDR & CAM – A Call for Inclusion, Dr. Bob Bray – Thought Field Therapy; Michelle Greenwell, Tai Chi, Touch For Health, Movement, TT, Bioenergetic Wellness. Natasha Polomski, Sound Therapy, TT, Bioenergetic Wellness, Greg Carpenter, LMFT, Psychotherapist, MA, EFT, Mindfulness, Intention Energy Process & Sound Therapy. Clinical Services for Greg,         And more experts participating! Zoom2health.net         2 Examples of why Zoom and how to use zoom for health |  |

| 10:30 am-1 pm   | Action Addressing Nurses (And others) Burn-up & Burn-out  |
|-----------------|---|
| 10.00 011 1 p11 |   |
|                 | Round Table Discussions Host:   |
|                 | <b>Dr. MJ Bulbrook,</b> RN, CEMP/S/I, HTCP, HTP/I, ICF, (Clinical Specialist in Psychiatric Mental Health Nursing)  |
|                 | <b>Anita Bains, RN</b> – Opening Remarks - <b>Coming from my Heart</b> . <i>Removing the Disconnection from the Divine Within by Love &amp; Trust</i>                                   |
|                 | Rev. Dr. Christine Bair, - Nurses Working Heart to Heart<br>Dr. Debbie James, RN – Nurse Educator   |
|                 | Barbette Spitler, RN – Nurse Mentor & Activist, HT, TYLEM   |
|                 | Robin Curtis, RN. BS. MS, Gerontological Nursing, HT, TYLEM   |
|                 | Pat Cunningham, RN, BSN, MS, Public Health Nursing  |
|                 | Linda Eldridge, RN, PhD, Candidate & Innovator Addressing Chronic Pain<br>Medicare Program  |
|                 | Kay Lahdenpera, RN, BSN, MPH, FCN, Faith Community Nurse, Public Health & Policy  |
|                 | <b>Diane Corcoran, RN, PhD</b> , Military Nursing, Nurses Role & Near Death Experience, Other Spiritual Mystical Experiences  |
|                 | Effie Chow, RN, PhD, DipLAc, Traditional Chinese Medicine for Nurses  |
|                 |   |
|                 |   |
| 1 pm – 3:30 pm  |   |
|                 | WAYS TO SERVE   |
|                 |   |
|                 | THOSE WHO   |
|                 | SERVED SERVED   |
|                 | HEALING STRATEGIES  |
|                 |   |
|                 | "I Serve, Those Who Served" – Dr. Mary Jo Bulbrook, Host Annu Front MDA, MA, Spiritual Developer Socilitator, Transition  |
|                 | Amy Frost, MBA., MA, Spiritual Psychology Facilitator, Transition<br>Coach, Resilience Trainer<br>Title: Support Spouses and Adult Children of Veterans – Challenges,<br>Hopes & Wishes |
|                 |   |

|                        | <ul> <li>Ross Bryant Director of the UNLV Military &amp; Veteran Services Center,<br/><i>Title: What I Learned Over the Years as Military Family</i></li> <li>Dr. Diane Corcoran, PhD, RN, Ltd. Col. Retired Army, Board of<br/>Directors IANDS (International Association of Near Death Studies)<br/><i>Title: Near Death Experiences Impact of Veterans &amp; their Families</i></li> <li>Ted Blickwedel- Author of Broken Promises New book just released<br/>June 2022<br/>Title: Standing Up &amp; Speaking Out – Consequences &amp; Rewards</li> </ul>   |
|------------------------|--|
| 3:30 pm – 4:30 pm      | <ul> <li>Working with Children, Families &amp; Teachers</li> <li>Hearing their message and each other</li> <li>Teaching the teachers, sets the tone.</li> <li>Jr. Gregory Pacific, PhD – Helping those with economic disparity</li> <li>Just Susan Newman – I'M ME: A Paradigm Shift of the Engineering of Learning.<br/>(Integrative Multidimensional Model of Empowerment – I'M ME)</li> <li>Jreetha Kingsview – Montessori Educator</li> </ul>  |
| 4:30 pm-5:30 pm<br>PDT | Dr. Mary Jo Bulbrook - Diversity & Inclusion –Equality for All Strategies honoring Virginia Satir's<br>Triad Communication Model. Teachings & resources<br>from the Satir Center Becoming More Fully Human,<br>Founded 2021, Durham, NC, by Dr. MJ Bulbrook,<br>Welcome to the Satir model forum<br>satirconversations.comSchool of Becoming More Fully Human<br>(akamai.university) https://www.akamai.university/virginia-satir-<br>networking.htmlDialogues with Steven Buckbee, Board of Directors The Virginia Satir Global<br>Network® is to "further the creation of healthy and just relationships, based on<br>the teachings of Virginia Satir." Her teachings declare that a healthy and just<br>relationship honors the self, the other and the context. Satir Global supports<br>and promotes acceptance and inclusivity." |







## **Building Community!**

### **Closing Song**

### Let

## There Be Peace on Earth.

"Let There Be Peace On Earth" is a beautiful and inspiring song by <u>Jill</u> Jackson and her husband <u>Sy</u> Miller.

Jill wrote the lyrics in 1955 while Sy wrote the music. The song is about peace and spirituality, making it easy to cross boundaries between people, whatever their background.

https://www.singingbell.com/letthere-be-peaceon-earth-printablelyrics-pdf/ And let it begin with me

<u>https://youtu.be/1BkoaPMaryTeZM0</u> - Watch on uTube.

#### LYRICS

Let there be peace on earth And let it begin with me Let there be peace on earth The peace that was meant to be.

With God as our Father We are family Let us walk with each other In perfect harmony.

Let peace begin with me Let this be the moment now. With every step I take May this be my solemn vow.

To take each moment and live Each moment in peace eternally Let there be peace on earth And let it begin with me.