



Affiliate Organization  
of Akamai University  
[energymedicinepartnerships.com](http://energymedicinepartnerships.com)

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## Code of Ethics & Standards of Practice for EMP

The Energy Medicine Program and the Family Wellness Supporter Certificate Program both focus on personal transformations and healing of body, emotion, mind and spirit with a psycho-spiritual process.

A Complementary Integrative Health approach is used in both programs where family, energy and multidimensional approaches

are address as we operate as ONE. Each part influences the other and waves of energy are circulated worldwide.

The energy system is cleared, balanced and energized, thus assisting the client to self-heal. The "healing contact" or relationship is made between the healer and recipient through co-creation of meaning process. Through this relationship the energy system is assessed, an energetic evaluation is made to determine the appropriate intervention(s) to support the client's return to health or ability to maintain health and prevent illness. After the intervention, an evaluation is made to determine the outcome of the energetic care and appropriate follow-up. Transform Your Life through Energy Medicine is a complementary program in energy medicine.

The recipient's permission for care is required and he/she is given information to make informed decisions regarding the inclusion of energy work as part of his/her support and health regimen. The language used to describe care is appropriate to the person's need, ability and personal situation. The principle of "for the client's highest good" guides all work while respecting everyone's spiritual beliefs and cultural heritage. The client is clothed during the sessions or properly draped if in a hospital/clinic setting. Appropriate energetic boundaries are kept always.

Confidential records are kept and treatment is documented and kept in a safe, secure space so that the individual's identity and situation is not compromised in any way. Individuals are not discriminated against because of race, sex, creed, religious beliefs, illness, social/cultural situations or sexual orientation. The person is honored, treated with respect, and his/her privacy is maintained always.

A sacred space is created for the healing whether it takes place in the recipients' home, healer's home or office, hospital or agency setting or, in the case of an emergency, at the scene.

This work complements traditional care. The recipient is encouraged to maintain his/her regular medical care. Referrals are made as appropriate. All care is coordinated with others as appropriate respecting the wishes of the supporter who oversees his/her care. A fee for services may be charged that is reasonable and based on the background and training of the supporter who practices within the scope of his/her background and training. Supporters and EMP practitioners are required to meet all obligations to practice in the community, state, country and setting of choice. Supervision for care given is available through Energy Medicine Partnerships and peers as the need arises.

The Energy Medicine Partnerships Practitioner / Specialists or Family Wellness Supporter, Educator, Researcher maintains high standards in providing support, care and practices under this Code of Ethics in addition to a code of ethics guidelines for other professional training may be used such as if the person is a RN or MD or SW etc.. All care contributes to the ongoing development of energy based treatments and provides invaluable resources for all supporters, practitioners and the public at large.

Energy Medicine Partnerships promotes Healing through the Light and Love. It is based on the curriculum for HEALING FROM WITHIN AND WITHOUT developed in 1986 by Dr. Mary Jo Trapp Bulbrook, RN, CEMP/S/I, HTCP and first presented professionally by invitation at the International Nursing Diagnosis Conference in Calgary, Alberta, Canada that same year.

In 1997 the curriculum was updated based on the innovations developed by Dr. Bulbrook in her holistic practice and feedback from the students and practitioners who have used her work throughout the USA, Canada, Australia and New Zealand since the original work was introduced and now includes Peru and South Africa. This Code of Ethics guides the Energy Medicine Practitioners / Specialist and serves the client assuring him/her of the professional way in which care is delivered.

In 2023 this document also serves the [Family Wellness Supporter \(FWS\), Educator, and Researcher Programs](#) as well. The revisions were initiated and functions guiding FWS. Based on [Virginia Satir Change Process & Energy Therapies](#).

This Code of Ethics is made available to the public at large and is distributed through Energy Medicine Partnerships the official organization supervising this work.

Any request for information or support can be addressed to Energy Medicine Partnerships and / or Global Healing Alliance. See the [Manifesto](#) for background based on the International Congress of Nursing held in Montreal, Canada July 2023.

# Scope and Standards for Energy Medicine Partnerships

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# Statement on Scope of Practice in TYLEM & FWS

## Definition

There are five EMP levels of practice: The Student of Energy Medicine, Energy Medicine Practitioner, the Certified Energy Medicine Practitioner, the Energy Medicine Specialist and the Certified Energy Medicine Specialist. The Family Wellness Supporter, Educator & Researcher are the key roles for the FWS scope of practice.

**I. A student of Energy Medicine** has completed at least one of the Energy Medicine parts as taught by an Approved Energy Medicine Instructor and is actively participating in the Energy Medicine Program.

**II. An Energy Medicine Practitioner** has completed Parts 1-5 of the Energy Medicine (EM) Program as taught by an Approved Energy Medicine Instructor and has completed a supervised practicum or the equivalent with an Energy Medicine Instructor having submitted 50 documented clinical cases as verified by the supervising instructor for the practicum.

**III. A Certified Energy Medicine Practitioner** has met the criteria as outlined by Energy Medicine Partnerships (EMP) and overseen by the Credentialing Committee on Certification of EMP.

**IV. A Energy Medicine Specialist** has completed EM Parts 1-7B and has received a Certificate of Completion issued by the Energy Medicine Program Director.

**V. A Certified Energy Medicine Specialist** has met the criteria as outlined by Energy Medicine Partnerships, (EMP) and overseen by the Credentialing Committee on Certification of EMP.

**VI. The FWS includes the basics of TYLEM as well as Virginia Satir Change Process** that includes helping individuals evaluate their family dynamics that impact their health, decision making in life and personal / professional goals. This method assists the person in becoming free from obstacles that block one's personal empowerment or spiritual path in their role as a supporter, educator or researcher.

## Roles

In various energy medicine practices there may be some variation regarding the scope of practice. Essentially however, all energy medicine practitioners provide direct expert practice in a particular area, or subspecialty, which includes assessing, energy diagnosing, planning, implementing energy interventions, evaluating outcomes of the intervention, providing health promotion and prevention care within the scope of the energy practice, promoting research in the energetic discipline and providing consultation in the specialty.

The family wellness supporter, educator or researcher all assist in the empowerment of the client to make wise choices in life that focus on CIH, wellness and multidimensionality.

## Settings

The setting for service can be from a wide range of settings from the practitioners' / supporters office, group practice, home setting, clinics, churches, schools, hospitals, doctors' offices and nursing homes. Each functions under the regulations of the organization they operate from or coordinate with as established by written guidelines outlining the person/persons responsible for coordination of their care with the other practitioners in the organization, regulations and/or guidelines of their specialty and requirements regulated by law or policy.

## Education

Transform Your Life through Energy Medicine (TYLEM) and Family Wellness Supporter, Educator, and /or Research is offered through Energy Medicine Partnerships. TYLEM has in-depth knowledge and skills in energy aspects of the human condition that includes basic and advanced theory and practice of Energy Medicine under supervision of an approved TYLEM instructor who oversees the professional development as an Energy Medicine Practitioner and Specialist. Family Wellness Supporter, Educator, Researcher are educated through EMP and receive mentorship and supervision for their work.

## Certification

Certification was established through the International Alliance for Health and Healing in September 2001. The criteria and administrative process was accepted, and the first Certified Specialists were awarded the credential through IAHH. In September 2002 and September 2005 there were slight modifications. The name if the IAHH was changed in September 2005 to Energy Medicine Partnerships International to reflect the scope of work of the Certified Energy Medicine Practitioners and Specialists. In 2023 EMPI non-profit name was changed to the Global Healing Alliance.

## Regulation

The legal parameters for the Energy Medicine Practitioners and Specialist are related to manual and biofield therapies. It is based on the credentials, educational preparation, and professional discipline of those who add energy therapies to their professional discipline. In some instances, energy therapist without professional background to become licensed in a health care discipline work in collaboration with licensed practitioners as appropriate who supervise the energy practice as a complementary modality if required by certain agencies. Clients who choose to attend services in a practitioners' office or a home setting by their actions are giving consent and providing permission for the services to be provided by that practitioner. Healers and supporters practice under a guiding Code of Ethics and Standards of Practice thus ensuring to the public professional care that is self-regulatory in nature by the energetic discipline and its' membership. An up-to-date roster of practitioners in good standing are keep at the office of Energy Medicine Partnerships that also is the home base of Global Healing Alliance.

## **Ethics**

Energy Medicine Practitioners and Specialist practice under a Code of Ethics as outlined in this document as well as the Family Wellness Supporter, Educator and / or Researcher. They facilitate client decision making, promotes ethical practice that directs and guides the professional integrity of the person giving care. Client's confidentiality, privacy, cultural beliefs, and self-determination are essential in an ethical practice. Any violations to the Code of Ethics outlined in this document are to be reported to Energy Medicine Partnerships or Global Healing Alliance.

## **Summary**

Energy Medicine Practitioners / Specialists and Family Wellness Supporter have acquired the knowledge and clinical skills to practice their energetic and heart to heart care while specialist have additional expertise to support their practice and is distinguished by the level of autonomy of practice and/or cooperative relationship within a clearly defined setting. Practice settings are changing in response to the dynamic changes in the health care system that is working in partnership with complementary therapies. The client may be an individual at any developmental point in the life cycle or include a family unity or a community. Services include not only health restoration, and health maintenance, but health education and health promotion as well. Energy Medicine Specialists function at an advanced level and is built on a base of knowledge and expert care as an Energy Medicine Practitioner. Certification provides recognition of excellence and continued competency of the Energy Medicine Practitioner and /or Specialist.

## **Standards of Practice**

### **Role of Standards**

Standards of Practice are authoritative statements that describes the responsibilities for which Energy Medicine Practitioners and Specialist and Family Wellness Supporters are accountable. They also include the values and priorities of the energyworkers including family support..

### **Standards of Care**

Standards of Care describe a competent level for Energy Medicine Practitioners and Specialist and include: energetic assessment, energy diagnosis, mutual goals, client outcomes, planning, interventions and evaluations. Clinical decision making is evident in the care provided and done in collaboration with the client and when appropriate with family care perspectives.

### **Standards of Professional Performance**

Standards of Professional Performance describe behavior in the professional role of Energy Medicine Practitioners and Specialists and FWS which include: quality of care, education, ethics, interdisciplinary process, research, leadership and self-evaluation. Professional practice is specific to the background of energy specialty and setting.

## **Criteria**

Criteria are ways to measure the Standards and include key indicators of competent Energy Medicine Practitioners and Specialists and FWS. They reflect the beliefs and values of energy medicine partnerships and are consistent with current practice and current knowledge incorporating research findings where relevant and possible.

# **Standards of Care**

## **Standards of Care for THLEM and FWS**

### **Standard I Assessment**

Energy Medicine Practitioners and Specialists and FWS collect data from an intake interview or brief history related to an identified health need, issue or health concern. Data about physical, emotional, mental and spiritual areas are identified related to the presenting problem, need or concern. This assessment also includes an energetic assessment as well as a verbal assessment.

### **Standard II Diagnosis or Basis for Care**

Energy Medicine Practitioners and Specialists and FWS critically analyze assessment data in determining the diagnosis or basis for care of the impact on the energy system and that are impacted by the family dynamic that shaped the person. It also includes related to the practitioner's specialty. Areas of energy depletion, energy excess, energy blockage, energy disruption, and under developed energy are noted and identified as well as family needs impacting the person.

### **Standard III Mutual Goals/Outcomes**

Energy Medicine Practitioners and Specialists and FWS identify mutual goals with the client and anticipated outcomes in the energy based on the assessment data and diagnosis. The practitioner FWS also considers additional data from the health team as appropriate.

### **Standard IV Planning**

Energy Medicine Practitioners and Specialists and FWS develop a comprehensive plan of care that includes interventions and treatments to attain expected outcomes including any interventions with the family. The work complements traditional health care and includes client/patient teaching and health promotion, and prevention of illness and injury.

### **Standard V Implementing**

Energy Medicine Practitioners and Specialists and FWS implement a plan of care based on the assessment, and diagnosis of the energy system and family impact on the person.

## **Standard VI Evaluation**

Energy Medicine Practitioners and Specialists and FWS evaluate the client's /patients progress in attaining the mutual goals then assist the person in taking responsibility for their life and understanding the role of the energy system in obtaining, maintaining and regaining health.

# **Standards of Professional Performance**

## **Standard I Quality of Care**

Energy Medicine Practitioners and Specialists and FWS assume a leadership role in establishing and monitoring standards of professional practice for quality client/patient care.

## **Standard II Self-Evaluation**

Energy Medicine Practitioners and Specialists and FWS continually evaluate their own practice and development in relation to professional energy practice and family care. They are accountable to the public and to the profession in providing competent clinical care based on these standards.

## **Standard III Education**

Energy Medicine Practitioners and Specialists and FWS maintain current knowledge and skills in the chosen specialty practice. Beyond the basic education in energy work, advanced knowledge and skills are obtained and maintained to provide the clients/patients with the highest quality of care.

## **Standard IV Leadership**

Energy Medicine Practitioners and Specialists and FWS serve in a leadership role and is a role model for the professional development of peers, colleagues and others regarding matters related to the chosen specialty.

## **Standard V Ethics**

Energy Medicine Practitioners and Specialists and FWS practice from a Code of Ethics and integrate ethical principles and norms. Clients and patients are treated with respect and value and are not discriminated against in any way.

## **Standard VI Complementary Process**

Energy Medicine Practitioners and Specialists and FWS promote a complementary process in assisting a client in managing their health with other practitioners also providing care. The practice functions in a collaborative role. A team approach is fostered in which the client/patient is in charge of their health experience and honored for their choices.



## Standard VII Research

Energy Medicine Practitioners and Specialists and FWS promote a research process to the development of energy medicine and their chosen area of specialty. They base decisions on available research or acceptable energy-based practice as appropriate while respecting the role of intuitive data in client/ patient care.

## Original for this Document

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## Current Related Resources & Bibliography

***Transforming Nursing through Knowledge: Best Practices for Guideline Development, Implementation Science, and Evaluation***, by Doris Grinspun & Irmajean Bajnok. (59 contributing authors), 507 pages. IN: Sigma Theta Tau International. 2018.

***The White House Fact Sheet: The Biden-Harris Administration Global Health Initiative***: April 7, 2022. Click here: <https://www.whitehouse.gov/briefing-room/statements-releases/2022/05/11/fact-sheet-the-biden-harris-administration-global-health-worker-initiative/>

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**Springer Nature / [springernature.com](https://www.springernature.com)**

***The Future of Nursing 2020-2023: Global Applications to Advance Health Equity*** by Susan Hassmiller, Ashley Darcy Mahoney, Kenya Beard, Editors, Edition No. 1, 220 p, 2023.

- ***Workplace Wellness: From Resilience to Suicide Prevention and Grief Management*** by Judy e. Davidson, Marcus Richardson, Editors, Edition No: 1, 390 p, 2023.
- ***Mentoring in Nursing through Narrative Stories Across the World*** by N. Rollins Gantz, T.B. Hafsteinsdottir, Editors, 1040, p, 2023.
- ***Successful Advanced Practice Nurse Role Transition*** by Maria Kidner, Edition No: 1, 234 p, 2022.
- ***Integrating Therapeutic Play into Nursing and Allied Health Practice***, by Judi A. Parson, Beliinda J. Dean, Natalie A. Hadiprodjo. Editors, Edition No: 1, 208 p. 2022.
- ***Spiritual Dimensions of Advanced Practice Nursing***, by Melanie Rogers, Editor, Edition No: 1, 241 p. 2021.
- ***Strategic Planning for Advanced Nursing Practice*** by Madrean Schober, Edition No: 1, 129 p. 2017.

***Visionary Leadership in Health Care: Excellence in Practice, Policy, and Ethics including Facilitator Guide*** (132 pgs.) ***and Learner Activities Workbook*** (149 pgs.)

By Authors: Wei, H & Horton-Seutsch, S. with 62 contributing authors (601 pages) IN: Sigma Theta Tau International, 2022

Goal: Developing visionary, adaptive, and relational health professionals and leaders around the world to unleash more of the power of each person to facilitate and influence the transformation of healthcare.

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Waddil-Goad, S. Contributing Authors, Buck, D. Langster, H. McNew, R. ***Beyond Burnout: Overcoming Stress in Nursing & Healthcare for Optimal Health & Well-Being.*** 2nd Edition. IN: Sigma Theta Tau International. 2023.

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***Alternative Medicine: Expanding Medical Horizons.*** (A Report to the National Institutes of Health on Alternative Medicine Systems and Practices in the United States.) . (NIH Publ. No. 94-066\_ Washington DC: U.S. Government Printing Office, 1994.

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Leininger, M. ***Transcultural Nursing: Essential for Excellence.*** Nursing. 26 (1), 76. 1996

The cultural care theory aims to provide culturally congruent nursing care through "cognitively based assistive, supportive, facilitative, or enabling acts or decisions that are mostly tailor-made to fit with individual's, group's, or institution's cultural values, beliefs, and lifeways" (Leininger, M. M. (1995). *Transcultural nursing: Concepts, theories, research & practices.* New York: McGraw Hill, Inc.5, p. 75) This care is intended to fit with or have beneficial meaning and health outcomes for people of different or similar cultural backgrounds.

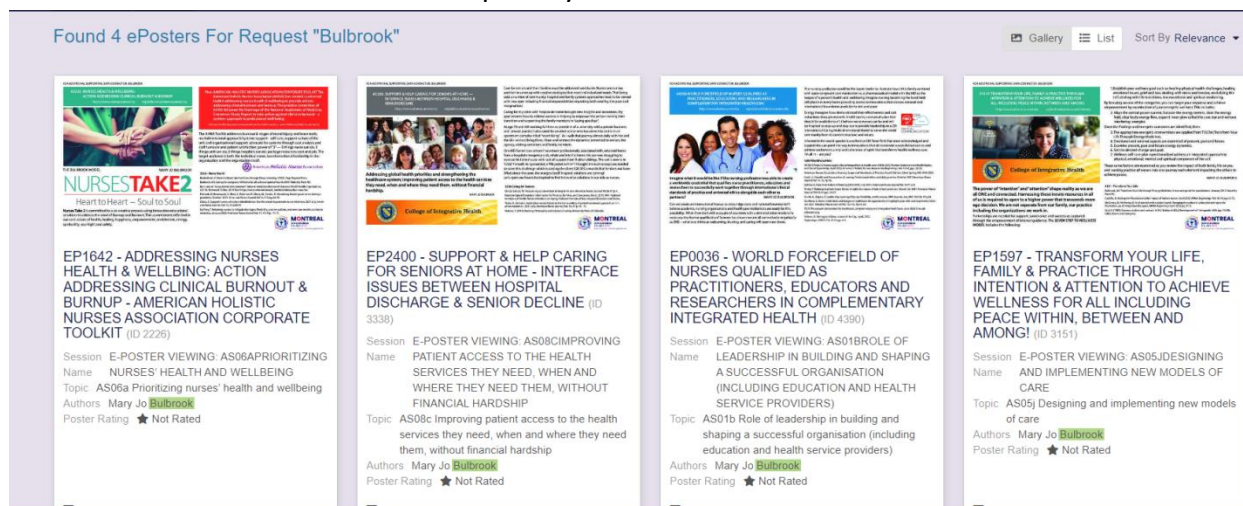
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Bulbrook, MJ. ***4 ePoster presented International Council of Nurses in Montreal, CA July 2023***

Explore international perspectives that are culturally specific opportunities to meet various needs for nursing care worldwide. Items include:

1. Creating International Licensure for Nurses that provides them the ability to practice not only locally but globally as need requires their service. Includes abiding by International Standardized Ethics and Standards of Practice that embraces culturally specific needs.
2. Addressing nurse burn up and burn out mental health challenges impacting nurses staying in the profession.

3. Transform Your Life incorporating energy therapies to uplift the soul promote healing and wellness. Explore resources within nursing and related organizations that shift consciousness and uplifts the soul to positive, engaging, empowering motivators that fill in the gaps of everyday living.
4. Care for the Elderly in their life transitions that impact family life worldwide. As the numbers increase and the demands become greater, finding and implementing innovative ways to serve this worldwide need is priority.



Bulbrook's 4 ePosters at ICN 1-5 July 2023

[ICN 2226 ePoster Bulbrook](#)

[ICN 4390 ePoster Bulbrook](#)

[ICN 3151 ePoster Bulbrook](#)

[ICN 3338 ePoster Bulbrook](#)

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### **Additional Organizational Resources**

[ANA Position Statement, Promoting Nurses' Mental Health](#)

[Healthy Nurse, Healthy Nation™](#)

[Nurse Suicide Prevention/Resilience](#)

[Pulse on the Nation's Nurses Survey Series](#)

[See You Now Podcast](#)

Episode 65: Sending Out An S.O.S.

Episode 64: Reporting Powers: Leading With Love, featuring Julie Kennedy Oehlert

[Well-Being Initiative](#)

[ANA/California Mental Health in Nursing: Uncovering Barriers to Access](#)

[The Virginia Satir Global Network Educational Services](#)

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