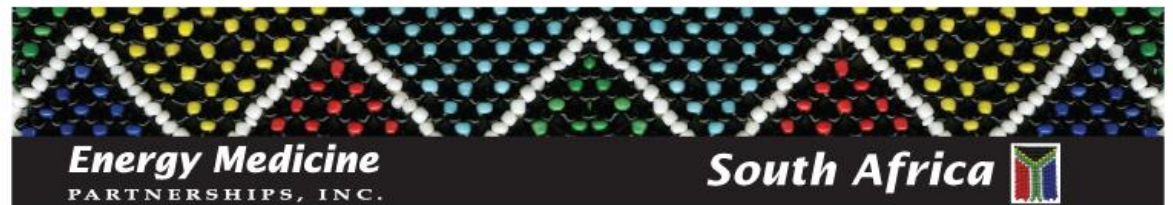


# Spiritual Journey to South Africa

September 14 – 27, 2017



The banner features the Energy Medicine Partnerships, Inc. South Africa logo on the left. The central text reads "Celebrating 20 years 1997~2017 Partners in Energy Medicine" with the website "energymedicinepartnerships.com" below. To the right are the South African flag, a zebra's face, and a traditional pattern. The main title "pathways to health south africa" is written in large, colorful, multi-colored letters. On the far right is a portrait of a smiling woman with blonde hair wearing a dark vest over a blue top.



# South Africa 2017 Goals

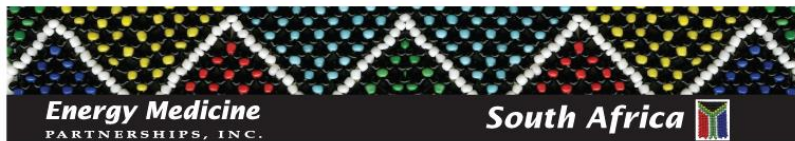
Dr. MJ Bulbrook & EMP-SA

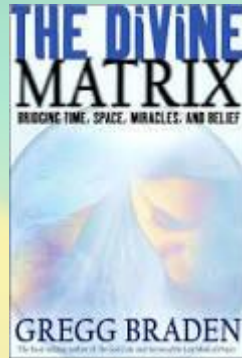
[Brochure for the Journey – Click Here](#)



**SPIRITUAL** *Me*  
Mystical Experiences

- Reconnecting With Colleagues
- Connecting Hearts
- Establishing Training Opportunities





**All Connected**  
**Gregg Braden's 2007 Book**  
The Divine Matrix: Bridging Time,  
Space, Miracles & Belief

**SPIRITUAL** *Me*  
Mystical Experiences

*“Everything in the world is connected to everything else.” p. 10*

ONEness of all nations, communities, humans, plants, animals

- What beliefs hold us together?
- How to communicate and stay connected based on our beliefs and values?
- What's next for your individual path in South Africa?

# Wellness For All: Achieve Optimal Health

## Listen Inside

Listen to the needs of your soul rather than your mind. There is a difference between the two. The soul is linked directly to Source and will help us fulfill our destiny.

Listening to the mind is attached to the ego and not our higher destiny directly. So, the time you take listening inside will help set your path and life's work.

**SPIRITUAL** *Me*  
Mystical Experiences

## Power of Inner Light

Each of us has within, all that we need to live our lives. Part of the path is to discover what that is, and recognize that God's presence is in me. Journey to your spiritual core, and from that place dwell in the light of all that is holy and sacred.



# 7 Week Highlights & Preview

Sept. 18<sup>th</sup> to Nov. 29<sup>th</sup>

On-line journey reviewed & recorded live on [Zoom click here!](#)

Week #1 Overview

**#2 Spiritual ME**

**#3 Sangomas**

Journey

**#4 EMAP - Horses**

**#5 Celebration**

Outcome

**#6 Choose Health**

**#7 Near-HELP**

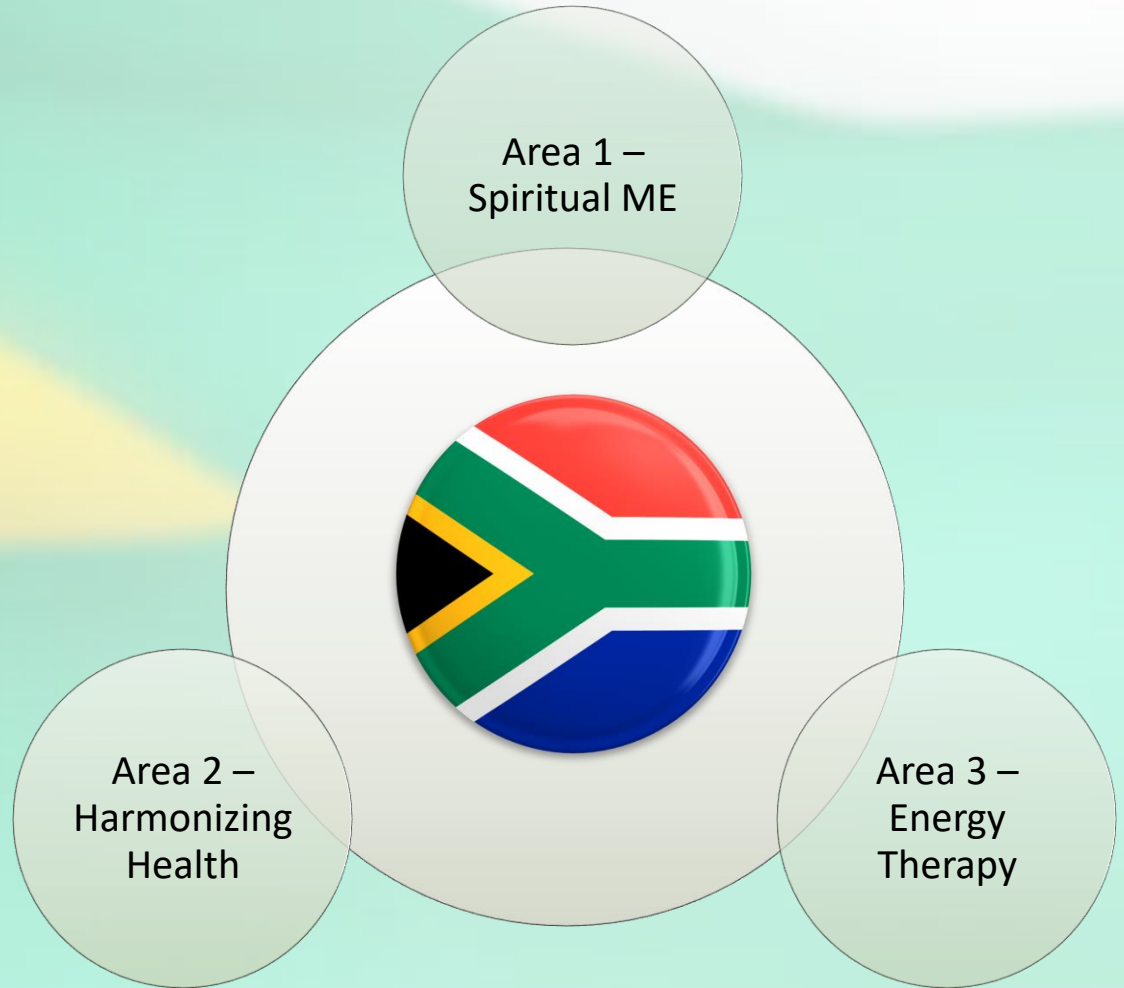
# Training Opportunities

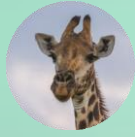
Connecting with Traditional Healers of South Africa – co facilitated with C J Hood, Sangoma & Energy Medicine Specialist

Holistic Approach to Education and Healing with a Multi-Dimensional Spiritually Guided Framework

Energy Therapy has two focus:  
Choose Health and  
NEAR-HELP

Showing of Back to the Light Documentary Film Co-Producers Yvonne Sneedan and Robert Mitchell





# Agenda for the Mini-Series

Includes handouts & readings from Dr. Bulbrook per topic  
Sessions recorded on ZOOM <https://zoom.us/j/7784295219>

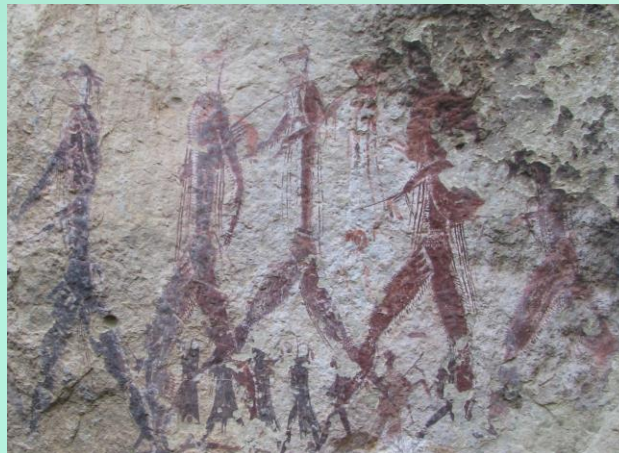
Overview of the Journey



Mission - Goals



Highlights & Resources









## **Course Location - Champaign Castle**

CJ Farm - Spiritual ME

# SPIRITUAL *Me*

## Mystical Experiences

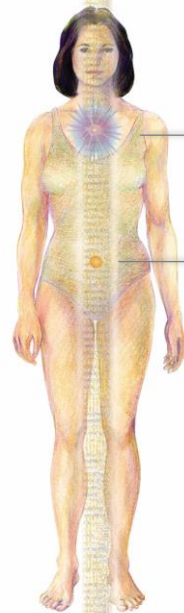
### Your Journey

As we commence this journey lets us go within, connect with our spiritual guidance and be led to the path to enfold with our time together and beyond..



# Hara Line & Its' Aspects of Consciousness

The Hara line is laser-like line of intention. When properly aligned the hara extends vertically within the physical body. Not visible to the human eye it has been said to be approximately one-third inch wide. It begins approximately three and one half feet above the crown chakra and extends downward to the core of the earth.



Soul Star – where your essence is stored.

Individuation Point – the identify of who you are in this lifetime

Soul Seat – were you life purpose is stored

Tan Tien – the grounding in the self

Earth Star – You are connected to the Earth and able to manifest what is in your heart.

# Healing Wounds — Hara Assessment and Revitalization

Begin at the Soul Seat – fingers pointed up. Pendle.  
Then, at the Soul Seat – fingers pointed down. Pendle.  
Do this for the ID Point, Soul Seat, Tan Tien and the  
Earth Star.

Example:



Assess the Tan Tien –  
fingers pointing up



Assess the Tan Tien –  
fingers pointed down

**Energize the Hara Line**  
using 3 finger ultrasound,  
1 finger laser, or 2 finger  
laser between the Soul Star  
and the ID Point, between  
the ID Point and the Soul  
Seat, between the Soul  
Seat and Tan Tien, between  
the Tan Tien and the Earth  
Star. Pendle to check the  
energy balance.

# Resurrection to your Soul's Path

Development of the Self  
Spiritually


## Intervention & Process:

Start: Assess Your Energy: left & right, top & bottom, front & back, 7 chakra, hara, core star, brain hemispheres, brain levels, field present, past & future

- Pray to Source
- Connect to Your Heart
- Bring down light from Source
- Connect to earth energies
- Infuse your spine with Divine Light
- Inner core connection: front one hand on shoulder and other hand on opposite hip, then switch to other shoulder and the other hip. Visualize doing the same on the back of the body connecting shoulder & hip – this actions strengths the inner being
- Post energetic assessment
- Shine Your Light – expand core star by holding your hands at waist level with palms up

**SPIRITUAL** *Me*  
Mystical Experiences

**SPIRITUAL** *Me*  
Mystical Experiences

  
**Transition  
HolisticCare™**  
Support during a life transition

  
**Peace Within  
Peace Without™**  
Evolving spiritually

## **Path of Love & Service**

Hand Chakra - Spiral Intervention

For Self & Others



# Harmonizing Health

Becoming More Fully Human Symposium  
*Incorporating the Virginia Satir Growth Model and Energy Therapies*

## Spiritual Intuitive Development — Increasing Your Divine Light Intervention

**SPIRITUAL** *Me*  
Mystical Experiences

 **Peace Within  
Peace Without™**  
Evolving spiritually

**PATHWAYS TO HEALTH®**  
Self Care



# Align Your Energy Centers with Your Soul's Purpose

## Vibration of Love

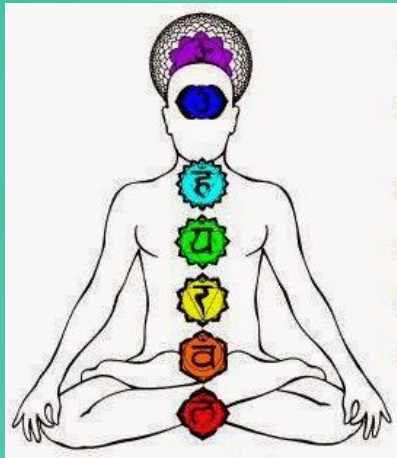
Clear your energy system  
With Divine Love

## Vibration of Gratitude

Charge and fill your energy  
system with Gratitude and  
Grace

## Vibration of Spirit

Infuse your self with spiritual  
intention to realize your  
Life's Purpose



**SPIRITUAL** *Me*  
Mystical Experiences





# Wellness For All: Achieve Optimal Health

## Closing Guidance:

### Acceptance

A virtue to acquire in your life is acceptance of things as they come, accepting people as they are and life as it is. For in doing so, we enter into the state of Divine Light willing to help us discern what is right for our lives. Everything that happens to us is part of the opportunity to transform the self into the Light.

**SPIRITUAL** *Me*  
Mystical Experiences

## Power of Inner Light

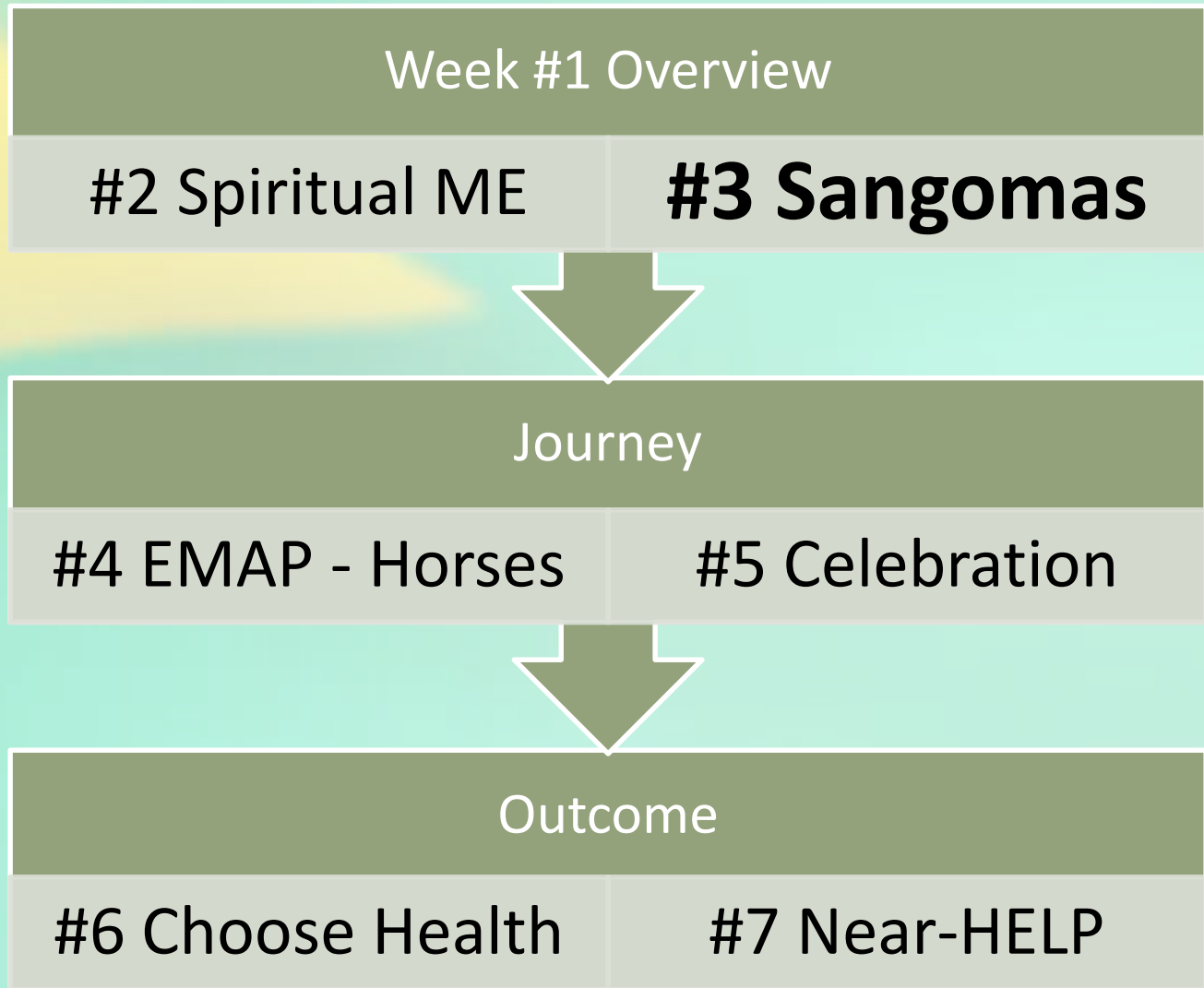
Each of us has within, all that we need to live our lives. Part of the path is to discover what that is, and recognize that God's presence is in me. Journey to you spiritual core, and from that place dwell in the light of all that is holy and sacred.



# 7 Week Highlights & Preview

Sept. 18<sup>th</sup> to Nov. 29<sup>th</sup>

On-line journey reviewed & recorded live on [Zoom click here!](#)



## **Flying with my Higher Self**

Robert R. Maldonado, PhD

Certified EM Practitioner / Instructor

Publication released on Oct. 11, 2017

[www.authorrobertmaldonado.com](http://www.authorrobertmaldonado.com)

ISBN:9781977777720





**Questions?**

**Dr. Mary Jo Bulbrook**

**More Information?**

[maryjo@energymedicinepartnerships.com](mailto:maryjo@energymedicinepartnerships.com)

1 919 588 3300 / 919 923 2409

[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)

Zoom link:

<https://zoom.us/j/7784295219>

Skype bulbrookmj