



# Worldwide connections

Global Healing Alliance & CanBeWell



Global Healing Alliance Ambassador

*Achievement & Appreciation*  
*Award*



**CanBeWell**  
Canadian Association of  
BioEnergetic Wellness



GLOBAL  
HEALING  
ALLIANCE



# Nithya Poorani Jayaraj Achievements & Goals





## *Vision and Mission*

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### **Vision**

- Provide and promote Holistic Energy Wellness from Infant to Elderly in every nook and corner, creating a healthy population and revolutionizing health care.

### **Mission**

- Collaboration with hospitals, universities and organizations nationwide to promote wellness through Energy Psychology.
- Establishing an Association for Energy Psychology and Energy Medicine.
- Teaching Energy Psychology , Touch for Health Kinesiology and other energy modalities for health care professionals and general population.



## *Professional Achievements*

- Energy Psychology through Energy Medicine” lectures and presentations for psychologists, medical professionals, teachers and general population.
- Self care daily energy routine for general population as a online group.
- 8 Week Programme for Developing Healthy Traits, combining Energy Medicine & Satir Change Model.
- Associated with universities spreading awareness about energy psychology and conducting workshops to learn self care techniques.
- Energy Psychology daily routine and workshops conducted for Pregnant Mothers .
- Connected with the Association for Comprehensive Energy Psychology
- Conducted regularly Touch For Health courses for psychology students, professionals and general population.



## *FUTURE GOALS*

- Spread awareness about Energy Psychology in every village, city and state of India.
- Establish an Association for Energy Psychology
- Creating a curriculum for school children to help themselves physically and emotionally through energy balancing techniques.
- Establish a Centre for Holistic Health and Wellness sharing the benefits to general population breaking the stigma of mental health.
- Create an Energy Psychology allied paper for Universities and teach energy modalities to health care professionals.



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is awarded to

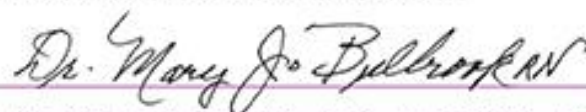
Nithya Poorani Jayaraj

On This 22nd Day of November, 2020

To highlight the important role of volunteers, recognizing outstanding contributions in promoting and facilitating health and wellness in our communities, country and ever changing world, while honoring the Collaborative Goals of the Global Healing Alliance from December 2018 – June 2020 that supported the emergence of the Canadian Association of BioEnergetic Wellness.



Michelle Greenwell, BA Psych, MSc CAM  
CanBeWell Leadership Team



Dr. Mary Jo Bulbrook, Ed.D., RN, CEMP/S/I, HTCP  
Global Healing Alliance President



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