

Client Energetic Protocols for Clinical Practice, Education & Research

Transform Your Life through Energy Medicine (TYLEM)
Based on the teaching program Dr. Mary Jo Bulbrook, RN

Client Energetic Assessment Protocols:

Hara Line Assessment

Assess the direction of the Hara line with hand or pendulum.
Assess to see if Tan Tien is open and centered - record findings
*Assess the Hara Line running to the center of the earth and the
Soul Seat (high heart); repeat for Individuation Point and Core Star.*

Dysfunction of the Hara Level

Note the following – Tan Tien can be misplaced, signs include:

- a. Lower Back pain & problems
- b. If Tan Tien is too far forward and pelvis is tilted back then the person is too far ahead of her/himself.
- c. If Tan Tien is too far back and pelvis is tilted forward then she/he is holding back from her/his life's purpose.
- d. If Tan Tien is torn or blown open, then body and psyche are badly shaken. Results are hysteria.
- e. Body extremely weak – recovery can be slow.
- f. Leg deterioration – problems with edema and or walking.

Balance of Tan Tien, Soul Seat (high heart) and Core Star will help give a client a new lease on life.

Energy Field Drain & Replenishment

Determine if energy patterns are open fully and record findings.
*Allow stress and energetic debris to drain off to help lower BP
by working with Etheric, Celestial and Ketheric templates (see p. 76).*

➤ Chakra Blessing

Assess direction of flow of each chakra and status (open/closed) with hand or pendulum and record findings.
Blessing through LIGHT to protect the energy system (see p. 77).
*Helps the expectant mother feel more grounded and centered.
Extra attention to the sacral chakra reduced swelling after giving birth.*

Clearing & Restructuring Eternal / Soul Light

To clear past life issues based on old belief systems *Clearing helps reduce pain*
There is connection between her energy field and her emotions so
make sure energy field is clear – then tell the person she/he is safe
and supported.

Align the 7th level Ketheric Template- restructuring from Soul Star to Earth star.

➤ **Energy Field Drain & Replenishment**

Determine if energy patterns are open fully - record findings.*
Allow stress and energetic debris to drain off
by working with etheric, celestial and Ketheric templates

➤ **Hara Alignment**

Assess the direction of the Hara Line with hand and/or pendulum
Assess to see if Tan Tien is open and record findings.
Assess the Hara line running to the center of the earth and the Soul Seat (high heart); repeat for Individuation Point and Core Star.
Hara Alignment works on dimensions deeper than the auric field

➤ **Chakra Blessing**

Assess direction of flow of each chakra and status (open/closed) with pendulum - record findings.
Blessing through LIGHT to protect the energy system
Helps the baby feel more grounded and secure.

➤ **Clearing & Restructuring Eternal / Soul Light**

To clear past life issues based on old belief systems
There is connection between his/her energy field and emotions
Make sure energy field is clear – then tell the newborn (s)he is safe.
Work the 7th level Ketheric Template - restructuring from Soul Star to Earth star.

**It is important to input data into EM software that compares and contrasts the following measurements before and after interventions:*

- 1) *Heart Rate / BP*
- 2) *Stress levels (on a level of 1 – 10 with 10 being highest level of stress).
In newborns this needs to be measured via surrogate muscle testing.*
- 3) *Ability to self-soothe (in adults using meditation and visualizations).*
- 4) *Pain levels (on a level of 1 – 10 with 10 being highest level of pain).*