

AKAMAI UNIVERSITY

Institute for CAM Studies

University For Becoming More Fully Human

Based on Virginia Satir Growth Model and Energy Therapy

Energy Medicine with Veterans & Families

“I Serve Those Who Served”

Dr. Mary Jo Bulbrook, CEMP/S/I, HTCP

Problem

The needs of our veterans and their families are great. Providing energetic support is critical to their survival and ability for them and their families to heal from the extreme hardships and trauma they experienced that altered the course of their lives. To serve this population, Dr. Bulbrook has created a unified framework titled “I Serve Those Who Served.” This consortium of practitioners and programs are gathering together to meet the pressing unique needs of veterans and their families in collaboration with existing models of care.

Agenda

Presentation of the Consortium Model of Care

- What is an integrated approach to health and healing?
- How can individuals and organizations work together to serve those who served?
- Experience a sample of specific interventions that have proven effects to aid in recovery and healing
- Plans to provide services throughout the country



RAH for Veterans 2016

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Solution

This workshop **Energy Medicine with Veterans & Families – “I Serve Those Who Served”** is an introduction to an internationally accredited University based certificate training that was created to support you to provide service to this population using an integrated health approach.

As you experience this unique training identify if you too are

called to “I Serve Those Who Served” and what that might look like as you join this innovative integrative team approach to caring for others who gave so much.

In this workshop you will

- Discover the needs of veterans and their families to empower and heal the dynamics that the individuals faced and their impact on them and their families after returning home.
- Describe the effects of near death experience, severe grief and trauma veterans witnessed and experienced that can produce lasting effects limiting choices and happiness.
- Learn blessing with light and love, healing through soul – body alignment, sound, movement, and art to serve this unique population defusing the burning issues and dynamics they are living.
- Explore the power of helpful talk and compassionate listening, healing power of animals and nature to shift energy and heal.
- Practice touching your brain through energy therapies using the brains innate reprocessing systems to heal trauma.
- Determine your particular calling to join the “I Serve Those Who Serve” team of energy therapists dedicated to help veterans and their families.
- Experience "Whole Person Learning": inspired by the life and teaching of Virginia Satir to create a heart bond with your clients that infuses both you and those you serve with Divine Light.
- Find out how you can become part of an international movement of "I Serve, Those Who Served."

Results

Participants will witness the unique challenges facing veterans and their families and learn an integrated approach of helpful talk, compassionate listening, heart centered processes, range of energy therapies & neuro-physiological strategies that empower and uplift the body, emotion, mind and spirit to a sense of freedom, hope and happiness.

Presenter

Dr. Mary Jo Bulbrook is a spiritual intuitive, international master teacher & expert specialist / practitioner in a range of energy-based therapies in Energy Medicine, Energy Psychology, Energy Kinesiology, Energy Dynamics, Integral Health and Transpersonal Studies as well as a psychotherapist and family therapist trained by the renown Virginia Satir. She is Dean of the Institute of CAM Studies, University for Becoming More Fully Human, Dean of the Division of Continuing Education and Program Director of Complementary and Alternative Medicine Department at the internationally accredited Akamai University a distant education institution of higher learning headquartered in Hawaii. As founding elder of the Worldwide Healing Touch community in Peru, Australia, New Zealand, South Africa, Chile Mary Jo taught all levels of HT including advanced practice and worked alongside Janet Mentgen as co-author of the HT Notebooks mentoring students how to established their practice and share their gifts of compassion and HT.



Working with Veterans and Near Death Experiences and their aftereffects with the International Association for Near Death Experiences

<https://www.youtube.com/watch?v=E5A0kvGkhD0>

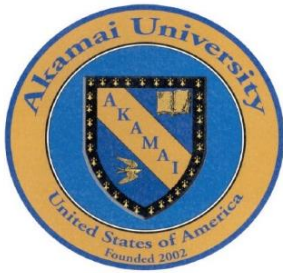


Common Signs & Symptoms Following Exposure to Trauma

October 2010 from VA . DoD Clinical Practice Guidelines for the Management of Post-Traumatic Stress

<http://www.healthquality.va.gov/guidelines/MH/ptsd/cpgPTSDFULL201011612c.pdf>

PHYSICAL	COGNITIVE / MENTAL	EMOTIONAL	BEHAVIORAL
Chills	Blaming someone	Agitation	Increased alcohol consumption
Difficulty breathing	Change in alertness	Anxiety	Antisocial acts
Elevating BP	Confusion	Apprehension	Change in activity
Headaches	Hyper-valiance	Denial	Change in communication
Muscle Tremors	Increase or decrease awareness of surroundings	Depression	Change in sexual functioning,
Nausea	Intrusive images	Emotional shock	Change in peck pattern
Pain	Memory problems	Fear	Emotional outburst
Profuse sweating	Nightmares	Feeling overwhelmed	Inability to rest
Rapid Heart rate	Poor abstract thinking	Grief	Change in appetite
Twitches	Poor attention	Guilt	Pacing
Weakness	Poor concentration	Inappropriate emotional response	Startle reflex Suspiciousness
Grinding teeth			Social Withdrawal
Fatigue	Poor decision-making	Irritability	
Dizziness, Fainting	Poor problem solving	Loss of emotional control	



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Handouts:



Integrative Health Training
Serving Veterans & their Families
A Consortium of Practitioners & Programs

Interventions: Fragaria Method of Sabine Van Den Bulk

Sabine Van Den Bulk

Empower a person to integrate the soul into the body after a Near Death Experience through an intimate loving heart connection between two people – where two hearts connect.



Practice Sabine van den Bulk

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Websites:

www.hulpbijbijnadoodervaring.nl/
www.thinkheavennow.com



Your life is a blank canvas and it's never too late to ...
CREATE A MASTERPIECE !!!

I have said this many times over the past 30+ years that I have taught ART in private and public schools as well as in rehabilitation centers. First as an ART TEACHER then as an EXPRESSIVE ART SPECIALIST it became apparent early on that ART IS A POWERFUL TOOL in helping to discover more about ourselves. When we express our thoughts and feelings through the creative process we promote awareness, understanding, and overall well-being.

I have chosen the ART lessons in this book to specifically help Veterans of all ages, races, socio-economic backgrounds and religions to help them explore who they are NOW and who you WANT TO BECOME. These lessons can be taught in classes at any of the Veterans Service Organizations, in homes with families, or individually. The format is easy to follow and incorporates the questions to ask after each lesson is completed. It is important that we support and empower our Veterans and their families to become the best they can be...and ART is the perfect tool.

It is our intention and heart-felt mission to empower Veterans and their families to promote well-being in their body, mind, emotion and spirit...through the power of ART.

Barcode Area
We will add the barcode for you
Made with Cover Creator

TAMLIN ALLBRITTEN

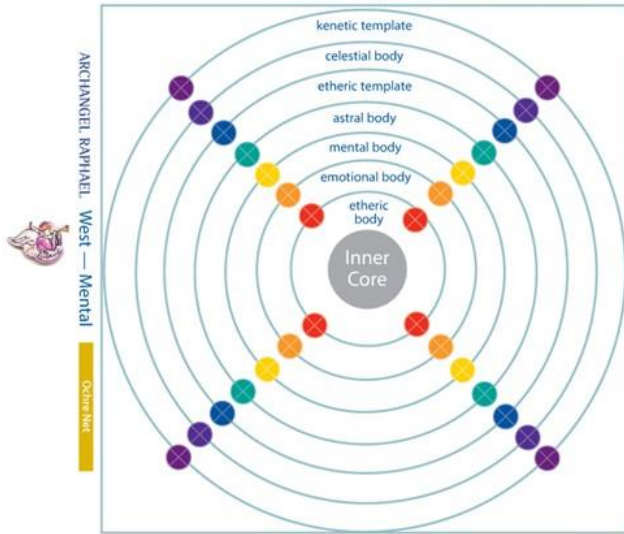
“Art with a Purpose for Veterans: **Executive Summary** The study was conducted at the William F. Green State Veterans Home at 300 Faulkner Drive, Bay Minette, Alabama from June 1 through July 6, 2016. The pilot study evaluated the effectiveness of the ‘ART with a Purpose for VETERANS’ Expressive Art curriculum in empowering veterans to express their thoughts and feelings by identifying, creating, and discussing their artwork. The lessons provided skills to help them cope with life by observing and capturing their positive and negative thoughts and by continuing to check their mindset. The program consisted of 6 Expressive Art classes, each approximately 1.5 hours long. The Wednesday afternoon classes were created and taught by Ms. Tamlin Allbritten and assisted by Mr. Robert Maldonado. CHTP

Journey To The Light Labyrinth



ARCHANGEL MICHAEL North — Spiritual

Gold Net



ARCHANGEL RAPHAEL West — Mental

Ochre Net

ARCHANGEL URIEL East — Emotional

Green Net

ARCHANGEL GABRIEL South — Physical

Red Net

7 BASIC BIOFIELDS — 360° around the body based on the teachings of Barbara Ann Brennan described in *Hands of Light*, 1987.



The Angel Net Process for protection and clearing physical, emotional, mental and spiritual aspects

ARCHANGEL GABRIEL

Red Net—Move from above using both hands—starting at the Soul Star down through the field, past the feet to the Earth Star—clearing the physical layer of the field.



ARCHANGEL URIEL

Green Net—Move to the right side using both hands at the outer edge of the field, crossing over the body from the Soul Star to the Earth Star—clearing the emotional layer of the field.



ARCHANGEL RAPHAEL

Yellow-Ochre or Mustard Colored Net—Move to the left side using both hands, at the outer edge of the field, crossing over the body from the Soul Star to the Earth Star—clearing the mental layer of the field.

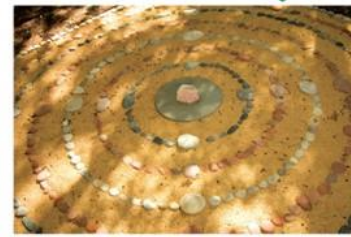


ARCHANGEL MICHAEL

Golden Net—Start the bottom of the field using both hands—at the Earth Star—move up through the field past the Soul Star and above the head, clearing unwanted energies or spiritual aspects.



Optional: Finish by using both hands and spreading a Purple light mesh from above throughout the field.



Journey To The Light Labyrinth, Durham, NC

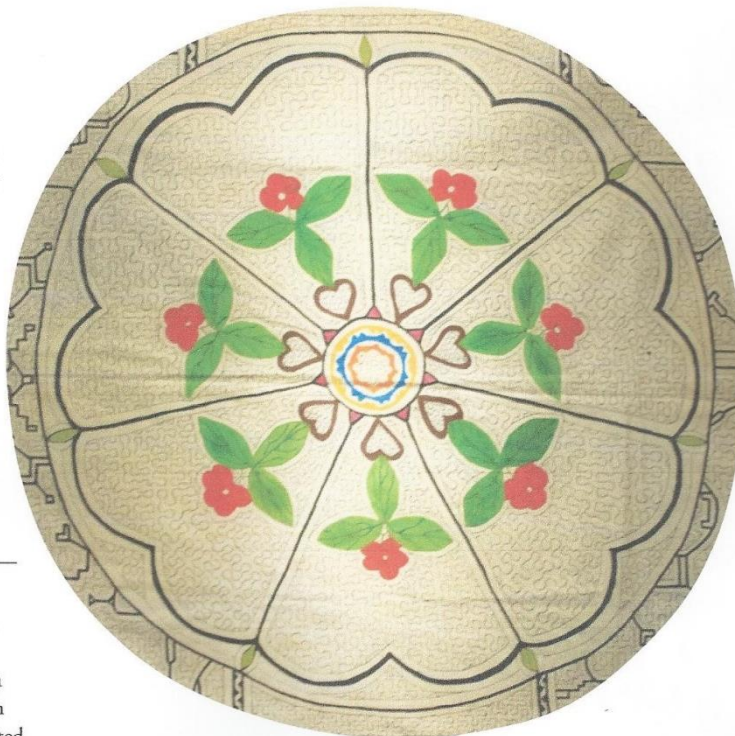


www.energymedicinepartnerships.com
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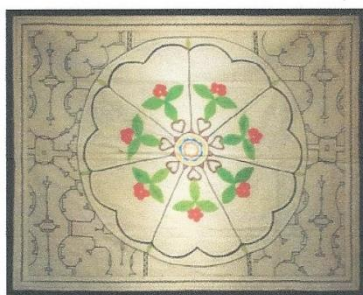
Seven Hearts Healing

A meditation to uplift, empower and heal.

Visualize or place your hand on this painting by Peruvian Shaman Amelia Panduro Rengifo of the Shipibo Culture. Go within. Become grounded and centered. Connect with the energy of the ayahuasca plant as illustrated. Call on its' energy to renew your spirit through the 7 energy centers (chakras) starting with the heart center. You can place your hand(s) on the chakras with the head slightly bowed in reverence. Move to the third chakra, to the second, to the first, to the fifth, to the sixth, to the seventh. If you are a healer use the word "your". If you are doing this on yourself, use "My".



Healing inspired by Divine Guidance stimulated through an experience with Peruvian Shaman, Amelia Panduro Rengifo of the Shipibo Culture. Amelia has worked for more than 30 years with medicinal plants and the rituals associated with them. The art work represents the ayahuasca plant, a cross section of the vine as illustrated Amelia. This experience combines the Rao Nete – the world of medicines as conveyed in the Peruvian Shipibo tradition blended with teachings offered through Energy Medicine Partnerships. Mary Jo Bulbrook, February, 2011 at Pucalipa, Peru.



Allow the energy to enter you and uplift, empower and heal your energy system.

1. Your spirit is renewed with LOVE.
2. Your spirit is renewed with PURE THOUGHTS.
3. Your spirit is renewed with SUPPORTIVE EMOTIONS.
4. Your spirit is renewed with EARTH ENERGIES.
5. Your spirit is renewed with EMPOWERED SPEECH
6. Your spirit is renewed with CLEAR VISIONS & LIGHT.
7. Your spirit is renewed with DIVINE GUIDANCE.

Expand to others

LOVE, PURE THOUGHTS, SUPPORTIVE EMOTIONS,
EARTH ENERGIES, EMPOWERED SPEAKING,
CLEAR VISION & LIGHT AND DIVINE GUIDANCE.

Web Sites

<http://www.healingtouchprogram.com/conference/2016/>

<http://cam.institute/>

[Global Healing Alliance](#)

<https://www.energymedicinepartnerships.com/a/>

[Certificate Program "I Serve Those Who Serve"](#)

<http://artwithapurposeforveterans.com/>

<http://www.VetTRIIP.org>



RAH for Veterans 2020

**Questions regarding the consortium &
certificate program contact:**



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