

Energy Medicine Partnerships, Inc.

Psycho-energetic therapies focus on emotional and psychological issues. Psychospiritual healing work deals with issues of a spiritual or religious nature. Energy Medicine Partnerships offers techniques and therapies geared specifically for both psychoenergetic and psychospiritual issues as well as physical health issues using a holistic integrated approach to care. Clients do not have to relive unpleasant events to have them cleared. The goal is personal transformations using a client-centered, multi-dimensional, integrated and holistic approach to the healing of the body, emotions, mind and spirit.

Dr. Mary Jo Bulbrook, BSN, RN, MEd, EdD, CEMP/S/I, HTP/I, founder and director of Energy Medicine Partnerships home of Transform Your Life through Energy Medicine (TYLEM®) training program. She has a 50+-year background as a university professor and clinical specialist in psychiatric mental health nursing. She is a pioneer in energy medicine, beginning with teaching and practicing Therapeutic Touch and Touch for Health in the 1970's. Dr. Bulbrook then created and teach her own material in the 1980s after assisting Janet Mentgen in the international spread of Healing Touch Worldwide. She has also worked with Rosalyn Bruyere; South African Sangoma Credo Mutwa; Peruvian Curandero, Amelia Pandora; Aborigine elder Bob Randall; and Maori Tohuna Rose Pere. Her techniques work with the energy field (aura), the energy centers (chakras), the energy tracts (meridians), the central power current (hara line), and radiant center (the core star) combined with psychosocial, psychoenergetic, and psychospiritual approaches to health and healing empowering the client to understand and learn how to heal themselves with the aid of spiritual guidance

Energy Medicine Partnerships, Inc. is an international organization dedicated to providing education in energy medicine throughout the world. EMP has focused on training practitioners and instructors throughout USA, Canada, Australia, New Zealand, South Africa, Peru, Chile, and Argentina. The original title of Bulbrook's training program was "Healing from Within and Without". The name was changed to Energetic Healing and then to its current name, Transform Your Life through Energy Medicine.

Energy Medicine Partnerships, Inc. is in partnership with the Institute for Complementary & Alternative Medicine (CAM) Studies at the Akamai University an online organization with the Academic Headquarters located in Kamuela, Hawaii and the Administrative Headquarters located in Durham, NC. After serving as Dean of the Institute for CAM Studies, in 2021, Dr. Bulbrook was voted in as president of Akamai University helping to revolutionize the curriculum to a heart-centered, multi-multidimensional integrated approach focusing on the ONENESS principle of all things connected. Besides the Integrated Health College where TYLEM is taught along with other CAM therapies. AU also has the Universal Equality College and Environmental Health College that lays the foundation for innovations in practice, education and research as all are connected.

Session Description

A session usually takes 30 minutes to one hour. At the beginning of the treatment, the client will be asked to actively participate in the process by answering questions while the practitioner assess and evaluated the "story of the presenting issue" to capture the hidden integrated variables that are the roots to the illness. During the first session the practitioner will do a thorough intake interview concerning history, health issues and other information pertinent

to the needs of the client as well as calling on spiritual intuitive support to get at the “bigger picture” of the cause impacting the client’s spiritual path. Teaching the client and empowering them to see the bigger picture of their illness and how to carry on with what was done by the practitioner is one of the distinguishing features of TYLEM. Subsequent sessions will include a short intake interview to bring the practitioner up to date concerning the client’s current issues as well as personal progress of applying what was learned previously to strengthen the healing capacity of the client. Often the client will be asked to do a drawing representing the client’s issue to help clarify what is happening on a subconscious level as well as tapping into multi-dimensional, inspirational messages that shape the “bigger picture” of the healing need

The client reclines fully clothed on a massage table. Treatments may also be done in a chair or long distance both in person and online. Once the practitioner and the client settle on a mutual goal for the healing of the issue presented by the client, the practitioner does an assessment by passing his or her hands through the client’s energy field six or eight inches above the body. Practitioners may also use a pendulum and/or an intuitive reading as assessment tools. Treatment may be done on or off the body with care to teach the client the rationale for the interventions based on the assessment and multi-dimensional “soul” approach to alleviating the “bigger story of the illness” vs. mere treatment of symptoms

Course Descriptions

Trainings Part 1 through Part 6 may be taken in any order. An applicant may use the title Energy Medicine Practitioner upon completion of Parts 1 through 5, attending a supervised (by an approved Energy Medicine instructor) Energy Medicine Practicum, presenting documentation

of assessments and interventions from each of the five courses and receiving approval from the program director.

Students wishing to deepen their training and go on to be an Energy Medicine Specialist must take Parts 6, 7A and 7B. Clinical skills, advanced practices, meridian work, and medical intuition make up some of the skills added to becoming an Energy Medicine Specialist.

Specialist training also involves working with an Energy Medicine Instructor in a mentorship relationship for a minimum of one year. Specialists also must complete a specialty project in their chosen field of specialization such as publishing an article or teaching a workshop.

Introduction to Energy Medicine is a one-day workshop that introduces the basics of the energy system and how this applies to health and healing. The introduction is recommended for those new to energy-based healing. Topics include:

- Energy Centers (Chakras)
- Energy Fields (Aura)
- Energy Tracts (Meridians)

Part 1: Clearing the Self is a one-day workshop that addresses the theory that a person consists of the interrelated aspects of a physical body, emotions, mind, and spirit. Energetic imbalances within any of these areas may compromise health. Topics include:

- Identifying the status of physical, emotional, mental, and spiritual health
- How to assess the energy system
- Diagnostic tools
- Inner core balance
- Energy field draining and replenishment
- Chakra blessing

Part 2: Healing Wounds & Trauma is a one-day workshop that addresses the theory that physical, emotional, mental, and spiritual wounds stored in the energy system affect people's lives. Topics include:

- Identifying wounds and their impact on the energy system
- Theoretical background
- Assessment of the energy system, core star, and hara line, including hara line treatment and core star expansion
- Achieving a grounded sense of vitality

Part 3: Changing Limiting Beliefs is a one-day workshop that proposes beliefs are stored in the energy field and dramatically influence how people lead their lives. Topics include:

- Identifying beliefs
- Changes needed in the belief system
- How to create new beliefs
- How to clear one's eternal/soul light

Part 4: Changing Relationships Energetically is a one-day workshop that addresses healthy relationships as essential for personal well-being. The workshop teaches students how to evaluate and influence the energy centers to change their personal relationships. Students learn to free themselves from energetic ties affecting their personal growth. Topics include:

- Identifying relationship problems and understanding how to change them energetically
- Maori Energy Vortex Healing
- Chakra clearing, balancing, and vitalizing
- Using healing heart energy

Part 5: Reshaping Family Dynamics is a two-day workshop that explores the idea that family dynamics form lasting energy patterns. Students explore family energy patterns and address techniques to change them through energetic interventions. The student discovers new ways of connecting with family members. Topics include:

- Identifying family issues and their impact on energy system
- Healing conception and birthing issues
- Family healing energy vortex
- Energetic re-parenting
- Advanced energy field healing

Part 6: Clearing Meridians, Organs, and Body Systems is a three-day workshop that explores meridians as an interconnected web of energy lines that nourish the internal aspects of the human body, including organs and body systems. Students learn ways to assess the meridians, alter their energy flow, and manage internal energy. A strong background in energy-based healing is required for this intensive in which students discover how meridians influence health. Topics include:

- Identifying and analyzing personal health needs
- Meridian time cycle and tracing meridians
- Energy release through the meridians
- Neuro-lymphatic and neuro-vascular points
- Meridian massage
- Touch for Health and Healing Touch techniques
- Yin/yang, energy wheel, and five element balancing
- Back flush

Parts 7A and 7B: Energy Medicine Specialist Training builds on the background of the

Energy Medicine Practitioner and prepares the student for certification as either a Certified Energy Healing Practitioner or a Certified Specialist in Energy Medicine. 7A and 7B are two-day workshops, usually offered in a retreat setting, with approximately a year's time separating them.

Each course includes a mentorship of the student's practice. Topics include:

- Developing medical intuition
- Treating complex energy patterns
- Connecting with spirit guides
- Advanced meridian, organ, and body system theory and practice
- Answering the call to be a healer and healing yourself
- Fulfilling an extensive mentorship process with an energy medicine instructor
- Fulfilling case study requirements
- Documenting professional leadership
- Identifying and establishing a specialty practice
- Integrating the energy medicine specialist's role into mainstream healthcare.

Continuing Education Units:

- Approved Provider for Continuing Education by satisfying the criteria put forth by the National Certification Board for Therapeutic Massage & Bodywork. Approved Provider #450986-09
- Approved Provider of Continuing Education by the Association of Comprehensive Energy Psychology (ACEP). EMP courses qualify as ACEP continuing education credit

for Diplomate in Comprehensive Energy Psychology (DCEP) or Certified Energy Health Practitioner (CEHP) recertification.

- Energy Medicine Practitioners and Specialist Programs have been added to the list of recognized programs through the Natural Health Practitioners of Canada (Praticiens de la sante naturelle du Canada).

Certification:

Students may *certify as Certified Energy Medicine Practitioners or as Certified Energy Medicine Specialists* from Energy Medicine Partnerships. Students working towards certification as an Energy Medicine Specialist must choose a specialty in the field of energy medicine such as energy-based psychotherapy, specific physical diseases, research, publishing and medical intuitive development. Specialists work with a mentor, an Energy Medicine Partnerships instructor, and a mentor in their chosen field of specialization.

The Akamai University offers Degrees: Certificate, Bachelors, Masters, Doctorate in Complementary & Alternative Medicine, Energy Medicine, Energy Psychology, Integrative Health, Bio-energetic Wellness, , Energy Dynamics, and Transpersonal Studies.

Research Resources

<https://pubmed.ncbi.nlm.nih.gov/11795083/>

Endorsements and Accreditations: Akamai University is accredited as a premier college by the Accreditation Service for International Colleges July 2022 – July 2026.

Code of Ethics/Standards of Practice: Energy Medicine Partnerships has both a code of ethics and operates through standards of practice.

Legalities: Check with state and local authorities, especially concerning energy psychology laws

Participants: All ages and including children with parental consent. There is also a program for working with both large and small animals as well.

Availability: Classes have been offered in Australia, Canada, Chile, Ireland, New Zealand, Peru, South Africa, and the United States and online worldwide

Suggested Reading

Hover-Kramer EdD, RN, Dorothea and Shames, PhD, RN, Karilee Halo. *Energetic Approaches to Emotional Healing*, Albany NY: Delmar Publishers, 1997.

Bulbrook, EdD, Mary Jo. *Healing Stories to Inspire, Teach and Heal*. Carrboro NC: North Carolina Center for Healing Touch, 2000

AHNA Stress Management. Ahna.org.

<https://www.ahna.org/Portals/66/Docs/Resources/Stress%20Management/AHNA%20Stress%20Management%20PDF.pdf?ver=2017-11-20-143351-890>.

Bulbrook, MJ Presenter, Teaching Model of Heart-center, Integrative, Multi-dimensional, Empowerment (HIME) Approach to Practice, Education & Research presentation offered through ASIC May 9-10, 2022 international conference

Resources



Affiliate Organization
of Akamai University
energymedicinepartnerships.com

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<https://www.akamai.university/affiliate-emp.html>

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<http://www.akamai.university> / <https://www.akamai.university/affiliate-emp.html>

www.energymedicinepartnerships.com / <https://www.akamai.university/waterlily-press.html>

TYLEM Teaching Materials

Bulbrook, Mary Jo, EdD . Teaching materials purchased through Water Lily Press, NC

<https://www.waterlilypressnc.com/>

- Transform Your Life through Energy Medicine Parts 1-5
- Meridian Theory and Practice for Healers Part 6
- TYLEM Clinical Specialist Training Parts 7 A & 7 B
- Energy Medicine Self Care
- Caring for Caregivers (TYLEM)
- Energy Medicine for Small Animals Parts 1 & 2 ○ Energy Medicine for Large Animals
Parts 1 & 2