

# The Art of Raising Frequency

Setting the Vibrations for Healing



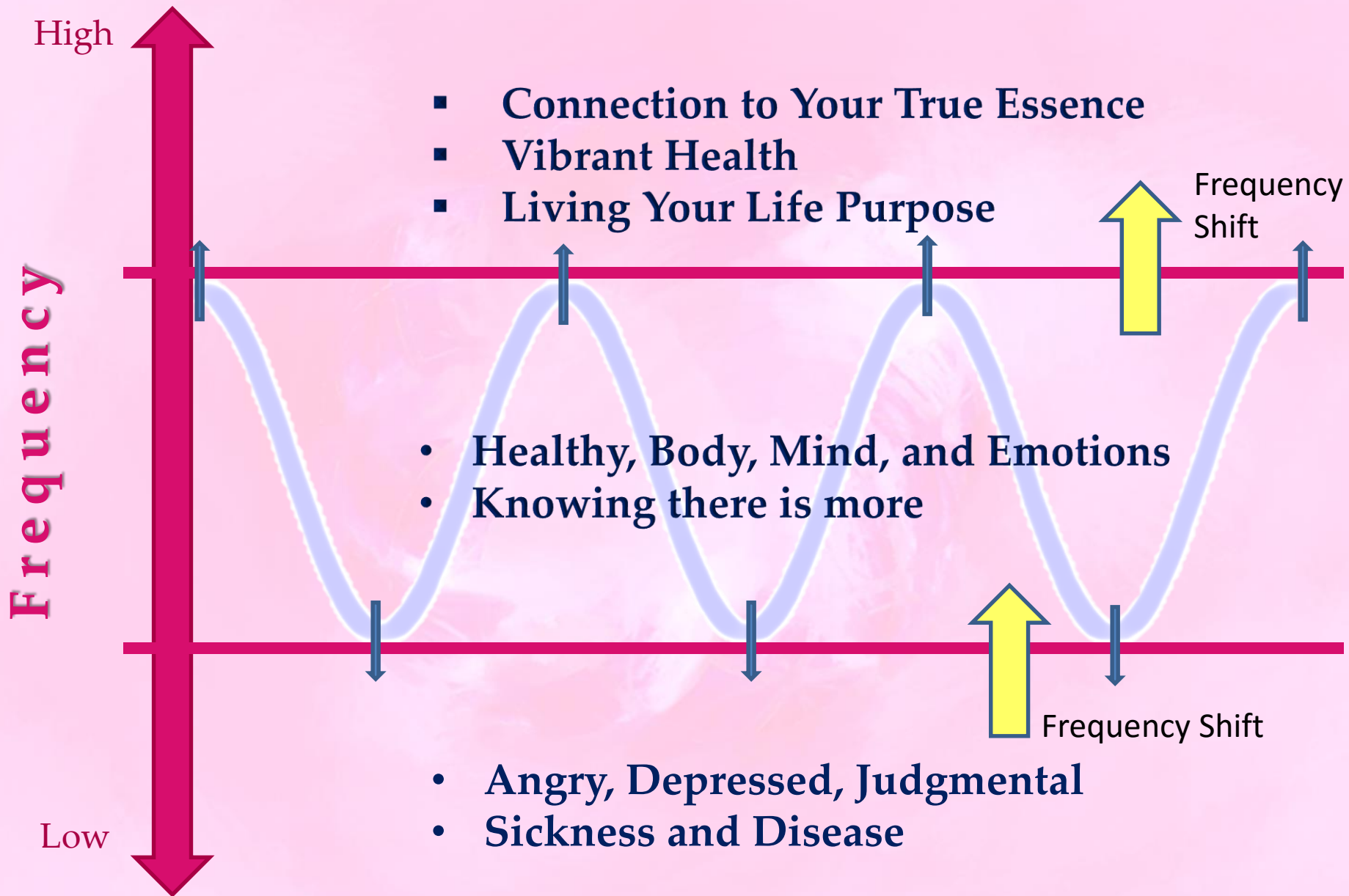
Barbara Evans



# Energy Matters

Everything is Energy... Everything is Vibration

# Relationship between Frequency and Vibrant Health



# Restores the Symphony of the Soul

*The body's own Healing Abilities are stimulated so the Physical Body can Truly Heal*

**Raising Frequency transforms negative emotions...  
releasing blocks in the energy system**

*Traditional medical approaches often focus upon the symptoms  
leaving the root cause untouched*

**Affect the body at the cellular level creating the potential for  
physical disease**

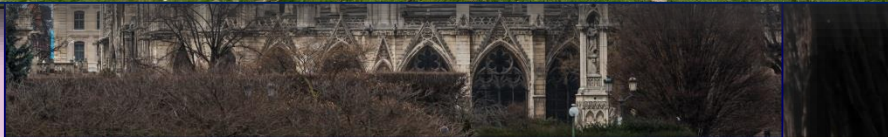
*Anxiety, Fear, Anger and Negative Thoughts*



# Sacred Space Raises Frequency...

Creates the Opportunity for Significant Shift to Occur

*How can we create Sacred Space to support a Frequency Shift for ourselves and our clients within our homes and treatment rooms?*



# **Our Environment Matters**

**When we enter an environment it can either ...**

**INCREASE      or      DECREASE**

**our Vibrational Frequency**





## **Raising Frequency both within and around us...**

- *Provides an environment that supports health and self-healing at the cellular level*

**Vibrational Medicine offers us a wide selection of tools for working with Energy, Vibration and Raising Frequency**



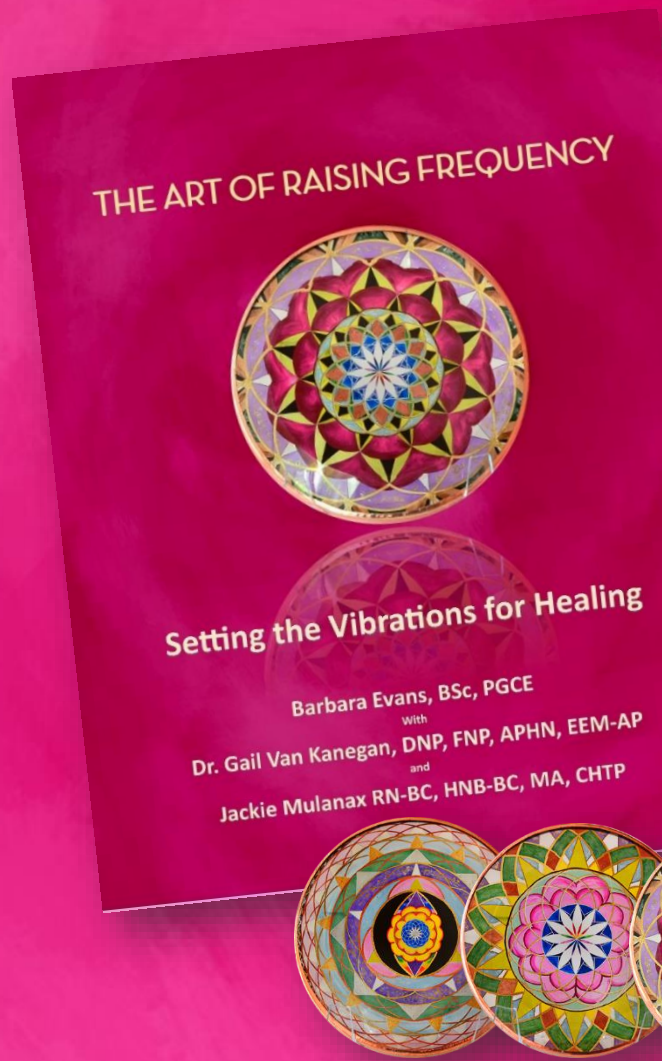
**Vibrational Medicine offers a pathway for:**

- *Raising Consciousness*
- *Connecting with our True Essence, and Spiritual Connection*
- *Supporting our innate Self-Healing Abilities*
- *Inspiring Love, Joy, Harmony and Vibrant Health*



A New Approach to Vibrational Medicine...

# THE ART OF RAISING FREQUENCY



# Three Key Tools for Raising Frequency

## 1. Healing Sound

Emerald,  
Morganite,  
Platinum  
and Quartz  
Alchemy Crystal  
Singing Bowl



White  
Gold  
and  
Quartz

## 3. High Vibrational Art



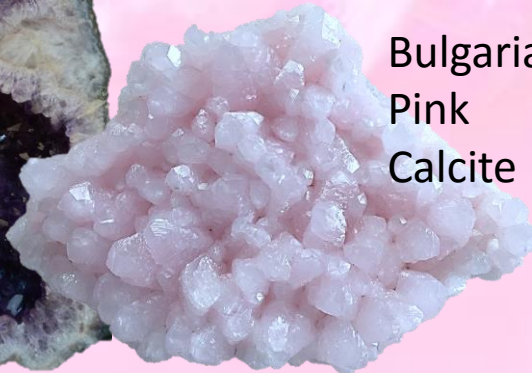
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## 2. Crystals

Indonesian  
Andara



Amethyst  
Cave



Bulgarian  
Pink  
Calcite



Bryan de Flores



Lori Falk



# Sound

**“Sound can redress imbalances on every level of physiologic functioning and can play a positive role in the treatment of virtually any disease”**



**Dr. Mitchell Gaynor, former Director of Medical Oncology at the Weill-Cornell Center for Complementary and Integrative Medicine**



# Crystal Energies... Companions for Healing

1. Green and Clear Apophyllite  
with Stillbite and Mordenite



2. Shungite



3. Sugilite



4. Seraphinite



1. *Raise Frequency of the Environment*
2. *Keep a room clear of Negative Energy*
3. *Support the Practitioner*
4. *Support the Client*

# High Vibrational Art



- *Significantly Raises the Frequency of a Home or Healing Room*
- *Creates Sacred Space*
- *Supports the Practitioner working with a client*
- *Supports the Client as the Practitioner is working with them*



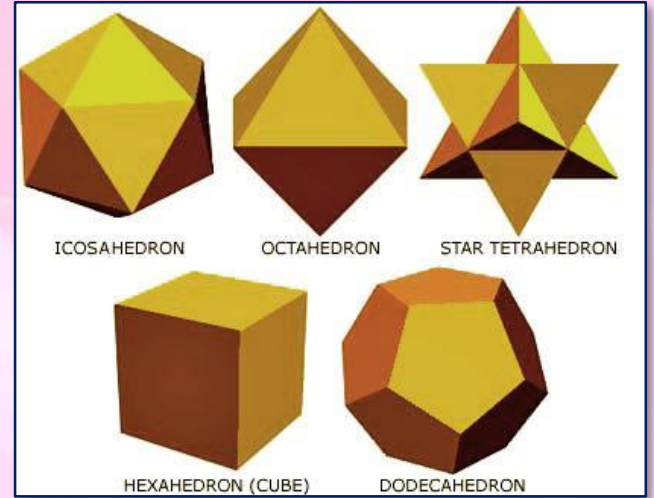
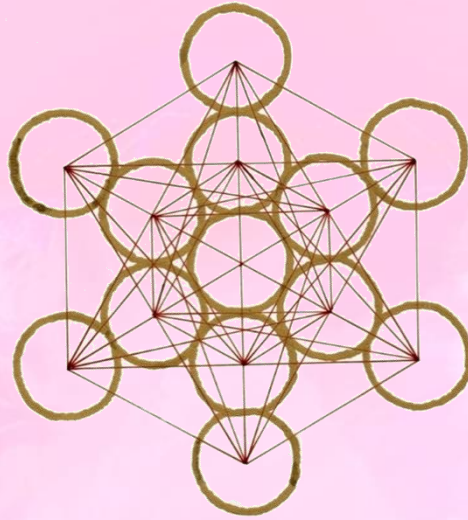
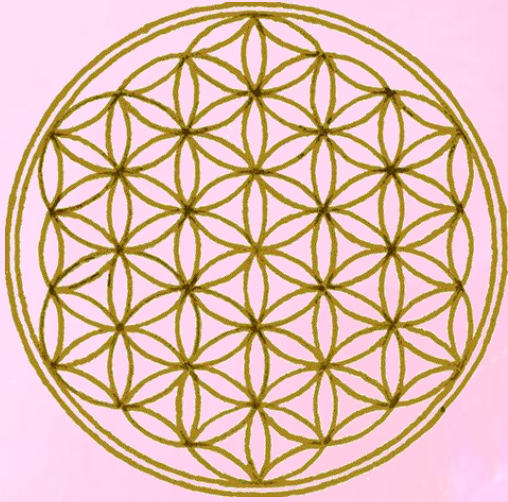
# Raising Frequency in Action



*The Empowerment Cards*



# The Flower of Life, Metatron's Cube and the Platonic Solids

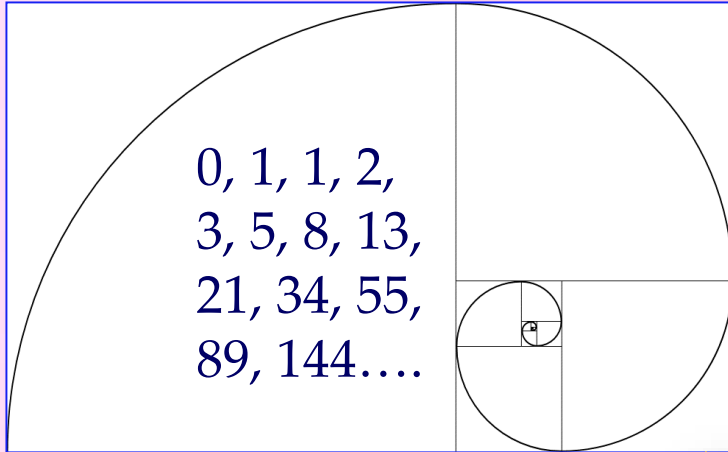


*... Are the Building Blocks of Life*





# Fibonacci Sequence and the Golden Ratio



*Geometry... is the Language of the Universe*

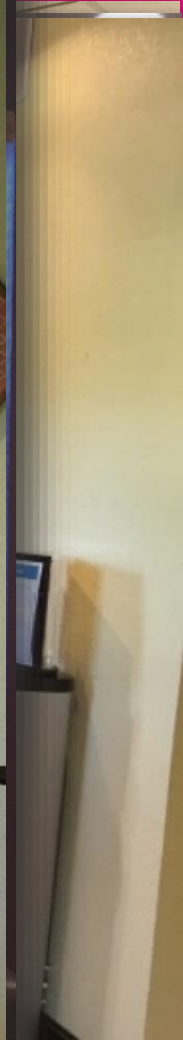
# **The Synergy of High Vibrational Art, Crystals and Sound ... Creates a Frequency Shift that Sets the Vibrations for Healing**



- ***Works through the Energetic Systems of the Body***
- ***Touches every CELL... Helping to restore harmony***
- ***Supports the Immune System***
- ***Facilitates a Deep Connection with our True Essence and the Symphony of our Soul***
- ***Nourishes Body, Emotions, Mind and Spirit of Practitioner and Client***



# The Art of Raising Frequency in Action





# Re-Align and Re-Calibrate Meditation with Children of Light

## Signature Crystals



*Tri-Color Amethyst*



*Peruvian Spheres*



*Brandenberg Enhydros*



## Signature Guides

- *Archangel Michael*
- *Isis*
- *Jeshua*
- *St. Germain*



# The Art of Raising Frequency

## Setting the Vibrations for Healing

A Sacred Space Healing Environment, within & around the Physical Body

- *Strengthens the Practitioner and helps to prevent Burn-out*
- *Provides a platform to create and maintain Frequency Shifts necessary for promoting beneficial changes*
- *Contributes significantly to the process of Healing for the Client*
- *Enhances connection to Spirit and your True Essence*
- *Sets the Vibrations for Vibrant Health*

# Setting the Vibrations for Healing

Creating a Sacred Space Healing Environment...

Consider...

- *Color of the Walls, Floors and Furnishings*
- *High Vibrational Art or inspiring Nature Art*
- *Peacefulness and Healing Sound/Music*
- *Using beautiful Crystals to Raise Frequency and Protect*
- *Special items to uplift both HEART and MIND*
- *Essential Oils to delight your senses*



# Going Deeper... Building a *Chakra Key Healing Grid*

Intentions to hold during the entire process...

- *Create a Sacred Space for our own Healing*
- *Create Positive Connections and Support for Each Other*
- *Rejuvenate and Inspire All Levels of our BEING*
- *Share Healing Energy with the Earth and Humanity*





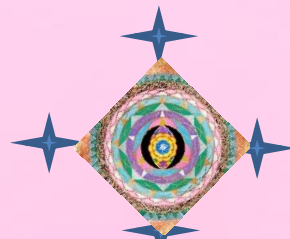
# Eleven Chakra Keys for Eleven Chakras...

Foundational Building Blocks for the Grid





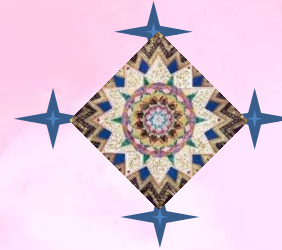
# Chakra Key Healing Grid



**Stellar Gateway**  
*Essence of Life*



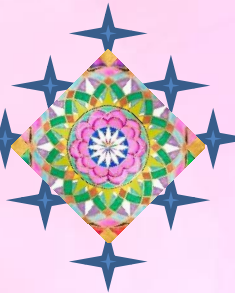
**Soul Star**  
*Children of Light*



**Crown**  
*Crown of Hope*



**3<sup>rd</sup> Eye**  
*Eye of Awakening*



**High Heart**

*Heart of Compassion*



**Throat**  
*Voice of Divinity*



**Heart**  
*Heart of Love*

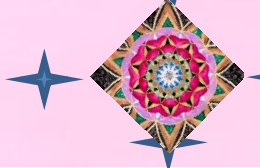


**Sacral**  
*Joy of Creation*

**Root**  
*Root of Peace*



**Solar Plexus**  
*Temple of Power*



**Earth Star**  
*Flower of Connection*

 *Crystals*

# Eleven *Chakra Keys Healing Discs*...

- *Can be held within the hand*
- *Held to the body*
- *Moved through the Energy Field*

To help us restore our natural healthy state of being



**WE ARE GOING TO PLACE EACH OF THE ELEVEN DISCS ONTO THE CENTER OF THE MATCHING CANVAS WITHIN THE CHAKRA KEY HEALING GRID**



# Chakra Key Healing Grid

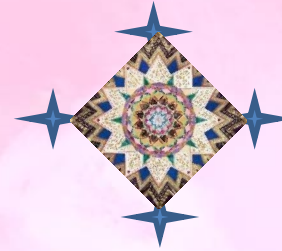
Adding the Chakra Key  
Healing Discs to the  
Center of Each Canvas



**Stellar Gateway**  
*Essence of Life*



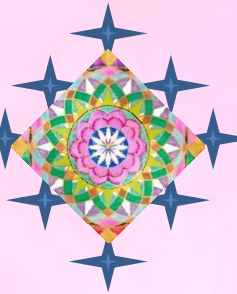
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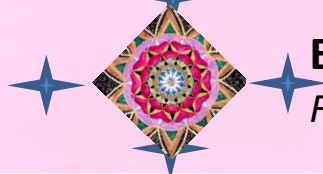
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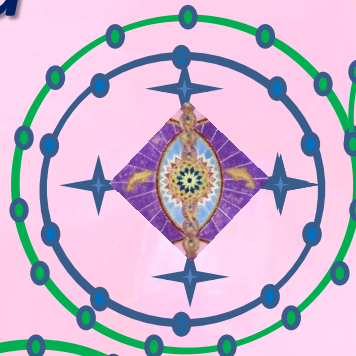


**Earth Star**  
*Flower of Connection*

 **Crystals**

# Living Human Crystal Grid

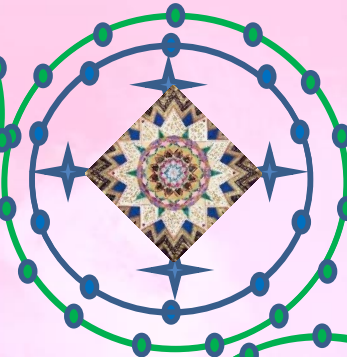
3<sup>rd</sup> Eye



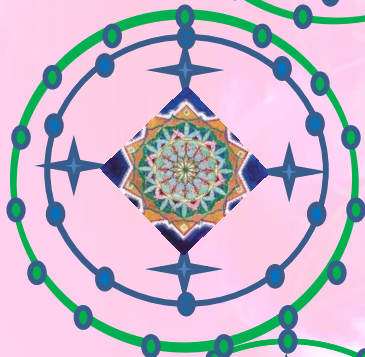
Soul Star



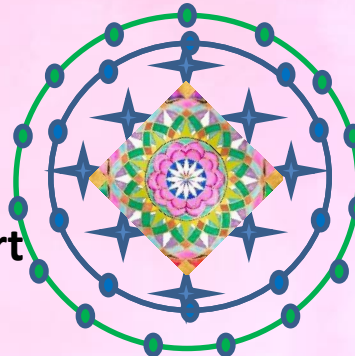
Crown



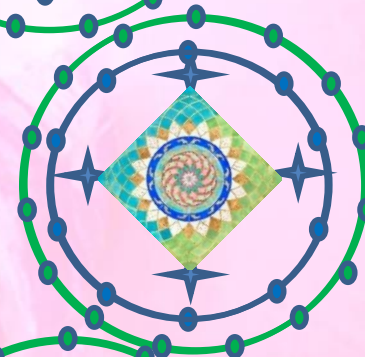
Heart



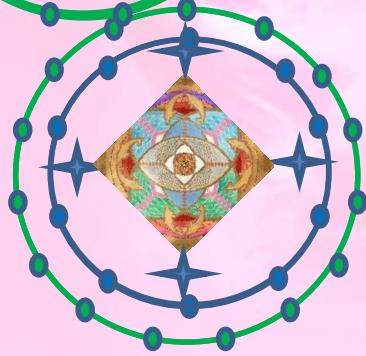
High Heart



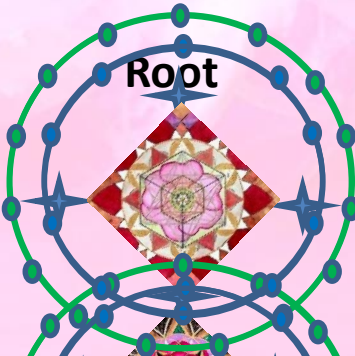
Throat



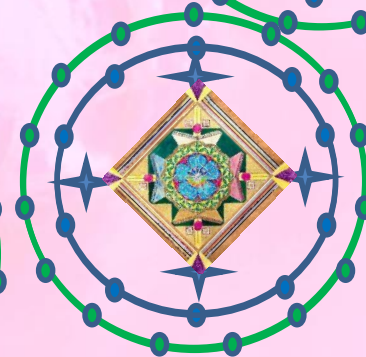
Sacral



Root



Solar Plexus



*Crystals*

Earth Star



# The Art of Raising Frequency

Setting the Vibrations for Healing



**THANK YOU!**