

# Schedule of Events

September 26<sup>th</sup> & 27<sup>th</sup> 2022

**Congress Co-Hosts** 





Akamai University

Dedicated to improving human and planetary health

### Connect with us through these Social Media Links:

FACEBOOK https://www.facebook.com/WorldCongress22

INSTAGRAM <a href="https://www.instagram.com/world\_congress\_events/">https://www.instagram.com/world\_congress\_events/</a>

YOUTUBE <a href="https://www.youtube.com/channel/UCPOpuB7UvHJUTpbgqfEQf9w">https://www.youtube.com/channel/UCPOpuB7UvHJUTpbgqfEQf9w</a>

LINKED IN <a href="https://www.linkedin.com/in/world-congress-qigong-tai-chi-tcm-natural-healing890b12243/">https://www.linkedin.com/in/world-congress-qigong-tai-chi-tcm-natural-healing890b12243/</a>

# **Building Community!**

Healing Spirit, Mind & Body Through Complementary and Integrative Health (CIH)

Sept 26 – 27, 2022 Updated Agenda



### Monday, September 26, 2022

8AM – 6PM PST / 11AM – 9PM EST Latest Paradigm Shifts to Expect: The Evidence & the Experiences



### We are ONE! We are Connected! We are EQUAL! We ALL Count!

Let us "Hear each other", "Speak our truth", "Operate from our strengths."

Let us Celebrate Life, achieving PEACE & JUSTICE FOR ALL!

8 am – 8:30 am	Welcome Building Community!	
	Opening Meditation Remarks, & Meditation by Amy Frost & MJ Bulbrook Soul 2 Soul	SOUL 2SOUL COMMUNICATION*
8:30 – 9 am	Continuing Education Opportunities and Graduate Degrees with GHA Affiliated Academic Partner – <b>Akamai University</b>	

#### **Pacific Times: Topics & Presenters:**

9 – 1 pm Pacific	Panel Special Innovations Cutting Edge Topics
	Breakthroughs in Energetic Science, Practice & Education
	Host: Dr. Mary Jo Bulbrook, President, Akamai University Cutting Edge findings from Mark Anthony, JD, The Afterlife Frequency – The Scientific Proof of Spiritual Contact & How That Awareness Will Change Your Life.
	<b>Dr. Glendalle Cooper – Opening Remarks –</b> North American Indigenous Educator of Cherokee & Russian Ancestry & Practitioner of Chinese Jin Shin Jyutsu
	<b>Dr. Lynne McTaggart,</b> <i>"Into the Field; Super Charge your Life, Health, Consciousness."</i> .
	'Pioneering investigator shares scientific discoveries of human mind and body are not separate from the environment."
	<i>"The Field unites us all as one - includes a new look on the supernatural phenomenon."</i>
	Lynne is an investigative scientist who has proven through 35 Global Scientific experiments working with scientists and leading universities as a champion of how we are all connected in life; from quantum, to cellar, personal relationships, business and social structures. She documented supernatural phenomena exists.
	Dr. Christine Bair, RN, LPC, LMFT, Spiritual Minister, - The Heart Field Effect
	<b>Dr. Medani P. Bhandari</b> , Social Innovation, Sociological Theories, Environmental Sustainability, Climate Change, Int. Environmental Politics, Prof. Dept. of Finance, Innovation and Entrepreneurship, Sumy State University, Ukraine. Vice-President, Akamai University
	Nithya Poorani, India – Creation of International School of Bioenergetic Wellness in India as a PhD Candidate at Akamai University & Collaborator of Serving Families, Children & Youth in India.
	<b>Dr. Tiffany Barsotti, PhD</b> in CAM – Effects of Sacred Objects on the Human Biofield – Implication for Future
	<b>Dr. Man BK, PhD</b> Green Growth Economy: Address World Hunger Issues, Nepal

1 – 2:30pm	<b>Dr. Melinda Connor,</b> PhD, Executive Director of Research, Akamai University - Review practitioner prep exercises, qi emission techniques, meridian selection, and direct tissue support. Issues of over or under working the tissue, tonify or reduction of left-over charge after the surgery, correction of meridian flow and rebuilding cut meridians, including breath and focus techniques. Sharing practical tools, the clinician / practitioner can teach clients to do for themselves.
2:30– 4 pm	Michelle Greenwell – PhD Student Scholar & Innovator
	Bioenergetic Wellness Empower clients Presentation Title: I am the Change I Desire: Movement & Well-Being
	"Alone we can do so little. Together we can do so much." Helen Keller
4 - 5:30 pm	Natural Healing: An Integrative Approach to Transform Your Life Meditation, Music, Movement & Drawing
	Amy Frost: Inspirational Speaker - "Multi-Dimensional Conscious Friending: Skills for Stress Relief & Life/Work Success"
	Dr. Robert L. Friedman, PhD – The Healing Power of the Drum using Rhythm Based Therapy for Various Conditions & Populations including Alzheimer's, Parkinson's Patients and Children with Cancer.
	Greg Carpenter, LMFT, Psychotherapist, MA, EFT, Mindfulness, Intention
	Energy Process & Sound Therapy. Clinical Services for Greg,
	AAMFT Clinical Fellow
5:30 – 6 pm	Closing Remarks: Dr. MJ Bulbrook & Amy Frost

### Tuesday, September 27, 2022

8AM – 6PM PST / 10AM– 9PM EST Strengthening Families, Communities & Nations through 7 C's: Congruent Communication, Cooperation, Compassion, Care & Caring <u>Celebrating ALL Life</u>!

8am – 8:30 am	Welcome! Building Community!	CDIDITIAI
	Opening Meditation by <b>Amy Frost &amp; MJ</b> Bulbrook	Me
	Multi-dimensional Connections between Spiritual	Mystical Experiences
	Realms - Before, During & After Life	Bridging Spirituality and Health*
8:30 am – 9 am	Teachings & Interactions between Dr. Bernie Siegel, MD & Dr. Mary Jo Bulbrook, RN taken from Bernie & MJ Dialogues – The Power of LOVE to Transform Your Life. Includes input from Dr. Effie Chow, RN who shared her findings with Bernie & MJ as well.	Bernie & MJ DIALOGUE

Pacific Times: Topics & Presenters:

9am – 10:30pm	Round Table Discussions on Energy Practices: Integrative Health & Natural Healing, Energy Medicine, Energy Psychology, Energy Dynamics, Biofield Energetics, Transpersonal Studies:
	Invited Guests Explore Historical Landmark Contributions of Practice, Education, Research in:
	<u>Healing Touch, (HT), Energy Medicine Partnerships (EMP): Transform Your Life</u> through Energy Medicine, (TYLEM), Eden Energy Medicine,
	Touch for Health, (TFH), Therapeutic Touch, (TT), AHNA Endorsed Holistic Care,
	<u>Reiki</u> , <u>CAN BE WELL ACEP</u> - <u>Energy Psychology:</u> Emotion Freedom Techniques, (EFT), (TAT), (EMDR), Thought Field Therapy, and more!
	Dr. Paul Mills, PhD, Author: Science, Being & Becoming: The Spiritual Lives of Scientists, Coming October 2022
	<b>Dr. Bob Bray</b> – Thought Field Therapy;
	Michelle Greenwell, Tai Chi, Touch For Health, Movement, TT, Bioenergetic Wellness
	Natasha Polomnski, Sound Therapy, TT, Bioenergetic Wellness

10:30 am-1 pm	Action Addressing Nurses (And others) Burn-up & Burn-out
	Round Table Discussions Host:
	<b>Dr. MJ Bulbrook,</b> RN, CEMP/S/I, HTCP, HTP/I, ICF, (Clinical Specialist in Psychiatric Mental Health Nursing)
	<b>Anita Bains, RN</b> – Opening Remarks - <b>Coming from my Heart</b> . <i>Removing the Disconnection from the Divine Within by Love &amp; Trust</i>
	Rev. Dr. Christine Bair, - Nurses Working Heart to Heart
	Barbette Spitler, RN – Nurse Mentor & Activist, HT, TYLEM
	Kay Lahdenpera, RN, BSN, MPH, FCN, Faith Community Nurse, Public Health & Policy
	<b>Diane Corcoran, RN, PhD</b> , Military Nursing, Nurses Role & Near Death Experience, Other Spiritual Mystical Experiences
	Effie Chow, RN, PhD, DipLAc, Traditional Chinese Medicine for Nurses

1 pm – 3:30 pm	"I Serve, Those Who Served" – Dr. Mary Jo Bulbrook, Host
	Amy Frost, MBA., MA, Spiritual Psychology Facilitator, Transition Coach, Resilience Trainer
	Title: Support Spouses and Adult Children of Veterans – Challenges, Hopes & Wishes
	Ross Bryant Director of the UNLV Military & Veteran Services Center, Title: What I Learned Over the Years as Military Family
	Dr. Diane Corcoran, PhD, RN, Ltd. Col. Retired Army, Board of Directors IANDS (International Association of Near Death Studies) Title: Near Death Experiences Impact of Veterans & their Families
	<ul> <li>Ted Blickwedel- Author of Broken Promises New book just released June</li> <li>2022</li> <li>Title: Standing Up &amp; Speaking Out – Consequences &amp; Rewards</li> </ul>

3:30 pm – 4:30 pm	Working with Children, Families & Teachers Hearing their message and each other
	Teaching the teachers, sets the tone.
	✓ Dr. Gregory Pacific, PhD – Helping those with economic disparity INTEGRATIVE MULTIDIMENSIONAL EMPOWERMENT
	Susan Newman – I'M ME: A Paradigm Shift of the Engineering of Learning.
	(Integrative Multidimensional Model of Empowerment – I'M ME)
	✓ Preetha Kingsview – Montessori Educator
	<b>Dr. Austin Mardon</b> , CM, KCSS, FRSC, FRCGS, Ast. Adj. Prof. Department of Psychiatry & John Dossetor Health Ethics Centre, Univ. of Alberta
	Special Advisor to Glenrose Rehabilitator Hospital Dr. Mardon was invited to be a member of the 1986-87
	Antarctic meteorite expedition for NASA and the National Science Foundation. 170 miles from the South Pole station when his team found hundreds of meteorites. In 1992, Dr. Mardon was diagnosed with schizophrenia. Following his diagnosis,
	Dr. Mardon began work as an activist for people with mental illnesses.

4:30 pm-5:30 pm PDT Dr. Mary Jo Bulbrook - Diversity & Inclusion – Equality for All Strategies honoring Virginia Satir's Triad Communication Model. Teachings & resources from the Satir Center Becoming More Fully Human, Founded 2021, Durham, NC, by Dr. MJ Bulbrook, *Welcome to the Satir model forum* satirconversations.com

School of Becoming More Fully Human



<u>(akamai.university)</u>

https://www.akamai.university/virginia-satir-

#### <u>networking.html</u>

Dialogues with Steven Buckbee, Board of Directors The Virginia Satir Global Network.

<u>The Virginia Satir Global Network</u> "**The Mission** of The Virginia Satir Global Network<sup>®</sup> is to "further the creation of healthy and just relationships, based on the teachings of Virginia Satir." Her teachings declare that a healthy and just relationship honors the self, the other and the context. Satir Global supports and promotes acceptance and inclusivity."

## e 🛛 Virginia Satir

To See and Hear what is here, Instead of what should be, was or will be.

To Say what one feels and thinks, instead of what one should.

To Feel what one feels, instead of what one ought.

To Ask for what one wants, instead of always waiting for permission

To Take Risks in ones own behalf, instead of choosing to be only 'secure' and not rocking the boat.



The Satir Therapy Model became a powerful framework for examining your self, your situation and your choices. Virginia believed that counseling and therapy experiences

t to engage powerfully with the inner self. Inseling sessions encourage the client to be

face pain and problems, to accept the present, and to discover inner joy and peace of mind.

Certificate Program in Integrative Health Helping Individuals & Families Change tograting the Virginia Satir Process & Energy Therapy



### **Building Community!**

### Closing Song Let There Be Peace on Earth

"Let There Be Peace On Earth" is a beautiful and inspiring song by <u>Iill</u> <u>Jackson</u> and her husband <u>Sy</u> <u>Miller</u>.

Jill wrote the lyrics in 1955 while Sy wrote the music. The song is about peace and spirituality, making it easy to cross boundaries between people, whatever their background.



https://www.singingbell.com/let-there-be-peaceon-earthprintable-lyrics-pdf/

<u>https://youtu.be/1BkoaPMaryTeZM0</u> - Watch on uTube.

#### LYRICS

Let there be peace on earth And let it begin with me Let there be peace on earth The peace that was meant to be.

With God as our Father We are family Let us walk with each other In perfect harmony.

Let peace begin with me Let this be the moment now. With every step I take May this be my solemn vow.

To take each moment and live Each moment in peace eternally Let there be peace on earth and let it begin with me.