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## Code of Ethics & Standards of Practice

### Energy Medicine / Energy Therapies

The Energy Medicine / Energy Therapies Program focuses on personal transformations and healing of body, emotion, mind and spirit with a bio-psycho-social-spiritual process.

The energy system is cleared, balanced and energized, thus assisting the client to self-heal through an empowerment, engaged, evolved relationship.

The “healing contact” or co-creative experience is made between the healer and healee. Through this relationship the energy system is assessed, an energetic diagnosis is made to determine the appropriate energetic intervention(s) to support the client’s return to health or ability to maintain health and prevent illness. After the intervention, an evaluation is made to determine the outcome of the energetic care as mutually decided on and appropriate follow-up.

Transform Your Life through Energy Medicine is one of the Complementary and Alternative Medicine Program available in Energy Therapies, Complementary and Alternative Medicine Programs.

The client’s permission for care is required (or in the case of a minor a parent or responsible guardian). He/she is given information to make informed decisions regarding the inclusion of energy work as part of a his/her health regimen. The language used to describe energetic care is appropriate to the client’s need, ability to understand and personal situation. The principle of “for the client’s highest good” guides all work while respecting everyone’s spiritual beliefs and cultural heritage. The client is clothed during the sessions or properly draped if in a hospital/clinic setting. Appropriate energetic boundaries are kept always.

Confidential records are stored in a locked secure space. Treatment is documented and kept in a safe, secure space so that the individual’s identity and situation is not compromised in any way.

Individuals are not discriminated against because of race, sex, creed, religious beliefs, illness, social/cultural situations or sexual orientation. The person is honored, treated with respect, and his/her privacy is maintained always.

A sacred space is created for the healing whether it takes place in the client’s home, healer’s home or office, hospital or agency setting or, in the case of an emergency, at the scene.

This work complements traditional care. The client is encouraged to maintain his/her regular medical care. Referrals are made as appropriate. All care is coordinated with others as appropriate respecting the wishes of the client who oversees his/her care.

A fee for services may be charged or donated service that is reasonable and based on the background and training of the practitioner who practices within the scope of his/her background and training. Practitioners are required to meet all obligations to practice in the community and

setting of choice. Supervision for care given is available through Energy Medicine Partnerships, and or other organizations with appropriate mentors for the practitioner's background and expertise. Peers are engaged as the need arises.

Energy Medicine Practitioner / Specialists or Energy Therapy coach, practitioner or specialist that are sometimes referred to CAM practitioner or CAM Specialist, maintain high standards in providing care and practices under this Code of Ethics.

All care contributes to the ongoing development of energy-based treatments and provides invaluable resources for all practitioners and the public at large as an adjunct to their health regime and other practitioners.

The TYLEM Energy Medicine Program integrates bio-psycho-social-spiritual approach to health and healing.

TYLEM is based on the curriculum for HEALING FROM WITHIN AND WITHOUT developed in 1986 by Dr. Mary Jo Trapp Bulbrook, RN, CEMP/S/I, HTCP and first presented professionally by invitation at the International Nursing Diagnosis Conference in Calgary, Alberta, Canada that same year.

In 1997 the curriculum was updated based on the innovations developed by Dr. Bulbrook in her holistic practice and feedback from the students and practitioners who have used her work throughout the USA, Canada, Peru, South Africa, Australia and New Zealand since the original work was introduced. This Code of Ethics guides the TYLEM Energy Medicine Practitioners / Specialist assuring client of professional care.

**This Code of Ethics and Standards are made available to the public at large and applicable to serve as a Code of Ethics, Standards of Practice and Certification for other Energy Therapy Programs as well as Complementary and Alternative Medicine Programs for those who meet the criteria to qualify.**

The Code and Standards are distributed through Energy Medicine Partnerships, (EMP) the official organization supervising this work worldwide.

Any request for information or support can be addressed to Energy Medicine Partnerships, Inc.

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# Statement on Scope of MJ Bulbrook's Transform Your Life through Energy Medicine (TYLEM) Practice

## Definition

There are five levels of TYELM practice: The Student of Energy Medicine, Energy Medicine Practitioner, the Certified Energy Medicine Practitioner, the Energy Medicine Specialist and the Certified Energy Medicine Specialist.

**I. A student of Energy Medicine** has completed at least one of the Energy Medicine parts as taught by an Approved Energy TYLEM Instructor and is actively participating in the Energy Medicine Program.

**II. An Energy Medicine Practitioner** has completed Parts 1-5 of the Energy Medicine (EM) Program as taught by an Approved TYLEM Instructor and has completed a supervised practicum or the equivalent with an TYLEM Instructor having submitted 50 documented clinical cases as verified by the supervising instructor for the practicum.

**III. A Certified Energy Medicine Practitioner** has met the criteria as outlined by Energy Medicine Partnerships (EMP) and overseen by the Credentialing Committee on Board Certification.

**IV. An Energy Medicine Specialist** has completed EM Parts 1-7B and has received a Certificate of Completion issued by the Energy Medicine Program Director.

**V. A Certified Energy Medicine Specialist** has met the criteria as outlined by Energy Medicine Partnerships (EMP) and overseen by the Credentialing Committee on Board Certification of EMP.

## Roles

In various energy medicine, energy therapies or complementary and alternative medicine practices there may be variation regarding the scope of practice. Essentially however, all energy medicine, energy therapy, CAM practitioners provide direct expert ethical care in their practice in a area, or subspecialty, which includes assessing, energy diagnosing, planning, implementing energy interventions, evaluating outcomes of the intervention, providing health promotion and prevention care within the scope of the energy practice, promoting research in the energetic discipline and providing consultation in the specialty.

## Settings

Specialists are advanced practitioners and provide services in a range of settings from the practitioners' office, group practice, home setting, clinics, churches, schools, hospitals, doctors offices and nursing homes that includes one expert care. Each specialist functions

under the regulations of the organization or specialty trained in, as established by written guidelines outlining the person/persons responsible for coordination of their care with the other practitioners in the organization, regulations and/or guidelines of their specialty and requirements regulated by law or policy.

## **Education**

Transform Your Life through Energy Medicine (TYLEM) is offered through Energy Medicine Partnerships. TYLEM has in-depth knowledge and skills in energy aspects of the human condition that includes basic and advanced theory and practice of Energy Medicine under supervision of an approved TYLEM instructor who oversees the professional development as an Energy Medicine Practitioner and Specialist.

Other Energy Therapy Programs or Complementary and Alternative Medicine in Integrative Health complete in-depth training, skills in their unique blend of energetic approaches to health and healing. The approved energetic training including practicing and teaching under these standards and taking the Board Certification Exam allows the practitioner, specialist or instructor to operate within the industries highest standards of care, learning and research.

## **Certification**

Certification was established through the International Alliance for Health and Healing in September 2001. The criteria and administrative process was accepted, and the first Certified Specialists were awarded the credential through IAHH. In September 2002 and September 2005 there were slight modifications. The name of the IAHH was changed in September 2005 to Energy Medicine Partnerships International to reflect the scope of work of the Certified Energy Medicine Practitioners and Specialists.

In 2018 the certification was expanded to provide a vehicle to accommodate other training programs to achieve this level of excellence and become Board Certified which operates through Energy Medicine Partnerships official certification board.

[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com)

## **Regulation**

The legal parameters for the Energy Medicine, Energy Therapy and CAM Practitioners and Specialist are related to manual, subtle and biofield therapies. It is based on the credentials, educational preparation, and professional discipline of those who add energy therapies to their professional discipline. In some instances, energy therapist without professional background to become licensed in a health care discipline work in collaboration with licensed practitioners as appropriate who supervise the energy practice as a complementary modality if required by certain agencies. Clients who choose to attend services in a practitioners' office or a home setting by their actions are giving consent and providing permission for the services to be provided by that practitioner.

Energy Healers practice under a strict Code of Ethics and Standards of Practice thus ensuring to the public professional care that is self-regulatory in nature by the energetic

discipline and its' membership. An up-to-date roster of practitioners in good standing are keep at the office of Energy Medicine Partnerships International.

## **Ethics**

Energy Medicine, Energy Therapy and CAM Practitioners and Specialist practice under a Code of Ethics as outlined in this document. They facilitate client decision making, promotes ethical practice that directs and guides the professional integrity of the practitioner. Client's confidentiality, privacy, cultural beliefs, and self-determination are essential in an ethical practice. Any violations to the Code of Ethics outlined in this document are to be reported to Energy Medicine Partnerships International.

## **Summary**

Energy Medicine, Energy Therapy, CAM Practitioners have acquired the knowledge and clinical skills to practice their energetic care while specialist have additional expertise to support their practice and is distinguished by the level of autonomy of practice and/or cooperative relationship within a clearly defined setting.

Practice settings are changing in response to the dynamic changes in the health care system that is working in partnership with complementary therapies. The client may be an individual at any developmental point in the life cycle or include a family unity or a community.

Services include not only health restoration, and health maintenance, but health education and health promotion as well. Energy Medicine, Energy Therapist and CAM Specialists function at an advanced level and is built on a base of knowledge and expert care as an Energy Medicine Practitioner.

Board Certification provides recognition of excellence and continued competency of the Energy Medicine, Energy Therapist, CAM Practitioner and /or Specialist.

# **Standards of Practice**

## **Role of Standards**

Standards of Practice are authoritative statements that describes the responsibilities for which Energy Medicine, Energy Therapy, CAM Practitioners and Specialist are accountable. They also include the values and priorities of the energy professionals.

## **Standards of Care**

Standards of Care describe a competent level for Energy Medicine, Energy Therapy, CAM Practitioners and Specialist and include: energetic assessment, energy diagnosis, mutual goals, client outcomes, planning, interventions and evaluations. Clinical decision making is evident in the care provided.

## **Standards of Professional Performance**

Standards of Professional Performance describe behavior in the professional role of Energy Medicine, Energy Therapy, CAM Practitioners and Specialists include: quality of care, education, ethics, interdisciplinary process, research, leadership and self-evaluation. Professional practice is specific to the background of energy specialty and setting.

## **Criteria**

Criteria are ways to measure the Standards and include key indicators of competent Energy Medicine, Energy Therapist, CAM Practitioners and Specialist. They reflect the beliefs and values of energy medicine and are consistent with current practice and current knowledge incorporating research findings where relevant and possible.

# **Standards of Care**

## **Standard I Assessment**

Energy Medicine, Energy Therapist, CAM Practitioners and Specialists collect data from an intake interview or brief history related to an identified health need, issue or health concern. Data about physical, emotional, mental and spiritual areas are identified related to the presenting problem, need or concern. This assessment also includes an energetic assessment as well as a verbal assessment.

## **Standard II Diagnosis**

Energy Medicine, Energy Therapies, CAM Practitioners and Specialists critically analyze assessment data in determining the diagnosis of the impact on the energy system related to the practitioner's specialty. Areas of energy depletion, energy excess, energy blockage, energy disruption, and under developed energy are noted and identified.

## **Standard III Mutual Goals/Outcomes**

Energy Medicine, Energy Therapies, CAM Practitioners and Specialists identify mutual goals with the client and anticipated outcomes in the energy based on the assessment data and diagnosis. The practitioner also considers additional data from the health team as appropriate.

## **Standard IV Planning**

Energy Medicine, Energy Therapies, CAM Practitioners and Specialists develop a comprehensive plan of care that includes interventions and treatments to attain expected outcomes. The work complements traditional health care and includes client/patient teaching and health promotion, and prevention of illness and injury.

## **Standard V Implementing**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists implement a plan of care based on the assessment, and diagnosis of the energy system.

## **Standard VI Evaluation**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists evaluate the client's /patients progress in attaining the mutual goals then assist the person in taking responsibility for their life and understanding the role of the energy system in obtaining, maintaining and regaining health.

# **Standards of Professional Performance**

## **Standard I Quality of Care**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists assume a leadership role in establishing and monitoring standards of professional practice for quality client/patient care.

## **Standard II Self-Evaluation**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists continually evaluate their own practice and development in relation to professional energy practice. They are accountable to the public and to the profession in providing competent clinical care based on these standards.

## **Standard III Education**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists maintain current knowledge and skills in the chosen specialty practice. Beyond the basic education in energy work, advanced knowledge and skills are obtained and maintained to provide the clients/patients with the highest quality of care.

## **Standard IV Leadership**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists serve in a leadership role and is a role model for the professional development of peers, colleagues and others regarding matters related to the chosen specialty.

## **Standard V Ethics**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists practice from a Code of Ethics and integrates ethical principles and norms. Clients and patients are treated with respect and value and are not discriminated against in any way.



## **Standard VI Complementary Process**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists promote a complementary process in assisting a client in managing their health with other practitioners also providing care. The practice functions in a collaborative role. A team approach is fostered in which the client/ patient oversees their health experience and honored for their choices.

## **Standard VII Research**

Energy Medicine, Energy Therapy, CAM Practitioners and Specialists promote a research process to the development of energy medicine and their chosen area of specialty. They base decisions on available research or acceptable energy-based practice as appropriate while respecting the role of intuitive data in client/ patient care.

# **Standards of Instruction for Faculty and Teachers**

## **Standard I - Training Institution Position**

The training institution is dedicated to providing quality faculty and teachers dedicated to high standards of instruction and connection to serve their students professional educational goals in Transform Your Life through Energy Medicine (TYLEM). These standards also can serve as models for other Energy Therapies and Complementary and Alternative Medicine training programs.

Excellence in human interaction at all levels is expected as members of this institution. Administration of the institution is aware of not only competency in knowledge but in skill in delivering that knowledge to those we serve. Following this Code of Ethics and Professional Behavior is intended to empower everyone having a voice in the successful application of instruction both by faculty and teachers of the institution.

## **Standard II - Professional Behavior & Code of Ethics**

2.1 Qualities expected include: empowerment, encouragement, support, professionalism, courtesy, patience, acceptance of unique learning styles.

2.2 Written and verbal communication is expected to be clear, at the level of the students comprehensive and sensitive to the needs of the learner. This models then acceptable behavior in working with clients.

2.3 Maintain a professional work environment whether physical or virtual setting. Be sensitive to the unique demands of delivering information in not only an intellectual,

emotional acceptable way but also energetically compatible which is the hallmark of an energy based teacher.

2.4 A heart-based approach to education is encouraged where students are respected, supportive and serving to establish the character of the training institution.

2.5 Disruptive behaviors to the teaching goal are to be directed appropriately. This includes all avoiding abusive language, unkind insinuations, profanity and overly critical and offensive behavior.

2.6 Seek counsel if behaviors occur in the classroom that you are unable to successfully turn around to ensure the highest standard of instruction. This includes all parties respect each other and work on any issues not appropriate to resolve in the classroom through other professional channels.

2.7 Abuse of your position and stature to gain unethical influence or control over any individual connected to the teaching / learning experience is not acceptable and will result in action taken at an appropriate level.

2.8 Any complaints are to be handled appropriately seeking advice for effective solutions when necessary.

2.9 Follow the published procedures and policies of the institution while upholding your professional code at the highest level of integrity and kindness with a focused heart-centered approach.

### **Standard III - Handling Grievances**

All grievances are to be handled ASAP and go through channels outlines by the institution. It is expected that at the grassroots level of the conflict is the first line of defense seeking guidance should the problem continue to escalate. It is anticipated that individual with the grievance seek counsel from appropriate channels to help the situation. Faculty or instructors lack of reappointment can be due to the following situations:

- Violation of individual legal rights or academic freedom.
- Policies of the institution not followed.
- Discrimination of age, race, sex, creed, color, religion, national origin, disability or sexual orientation.
- Violations of code of ethics or standards of practice.

#### **3.1 Grievance Process**

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All grievances are taken seriously following a written submission of a complaint. Any person involved in the complaint is not to be part of the team reviewing the grievance. The results of the grievance are to be recorded with the complainant bearing the burden of proving that has been a violation of policy of established institutional practice. The director of the institution monitors progress on review and handling of the grievance.

### 3.2 Institutional Grievance Process

Should a faculty or instructor feels that they have been improperly accused of breaking the code of ethics and professional conduct, that person may submit a petition for grievance according to the following guidelines of information negotiations first. If that does not work then appropriate administrative interventions. Should that fail, a final mediation would take place with a 3-person Dispute Mediation Council approved by administrative officers of the institution. The results are binding and consideration to go forward is a financial cost that is shared equally by both parties.

## Certification Materials References

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<http://www.ahncc.org/certification/holistic-nurse/>

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American Nurses Association. 1994. A statement on psychiatric-mental health clinical nursing practice and Standards of psychiatric-mental health clinical nursing practice. Kansas City, MO: the Author.

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American Academy of Nurse Practitioners. 1993. *Scope of practice*. Austin, TX: Author.

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American Academy of Nurse Practitioners, 1993, *Standards of practice*. Austin, TX: AANP.

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National Association of Neonatal Nurses. 1992. *Neonatal nurse practitioners: Standards of education and practice*. Petaluma, CA: NANN.

[www.ncbtmb.org](http://www.ncbtmb.org) August 3, 2018 NCBTMB Announcement of New Competency-Based Board Certification Requirements, Revised Exam.