

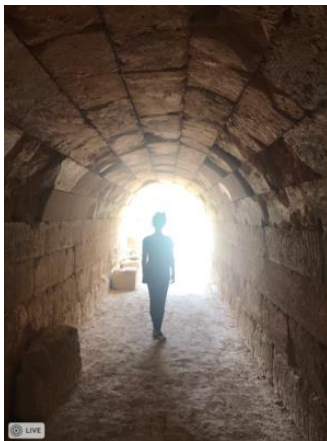


near-help

About us, Contact us
Experiencer Where Do We Go From Here?
Healthcare Providing Support, Help & Care
Healing & The Arts

Welcome 'Home' Where Your Voice is Heard and Your Experience Understood

CHOOSE YOUR JOURNEY AND BE EMPOWERED BY YOUR NEAR-DEATH EXPERIENCE



Our goal is to serve experiencers, families, friends, health professionals and organizations offering support, care and HELP for the After-Effects recovery for the Near Death and Spiritual Transformative Experiences.

You had a near death experience recently or years ago and you feel misunderstood and isolated?

We can help you integrate your experience into your life, share with family and friends, and de

Thanks to Yvonne Sneeden for NEAR-HELP content, pictures and design.
She is an incredible person dedicated to serve the world in understanding the NDE's.
I am grateful for her contributions and insights to this work we collaborated with Dr. Roy Hill.



FREQUENTLY ASKED QUESTION



WHAT IS A NEAR DEATH EXPERIENCE (NDE)?

A near-death experience, or NDE, is a profound psychological event that may occur to a person close to death or who is not near death but in a situation of physical or emotional crisis.

Official definition from www.IANDS.org

An NDE may begin with an out-of-body experience—a very clear perception of being somehow separate from one’s physical body, possibly even hovering nearby and watching events going on around the body.

An NDE typically includes a sense of moving, often at great speed and usually through a dark space, into a fantastic landscape and encountering beings that may be perceived as sacred figures, deceased family members or friends, or unknown entities.

A pinpoint of indescribable light may grow to surround the person in brilliant but not painful radiance; unlike physical light, it is not merely visual but is sensed as being an all-loving presence that many people define as the Supreme Being of their religious faith.

HOW DO I KNOW I HAD An NDE?

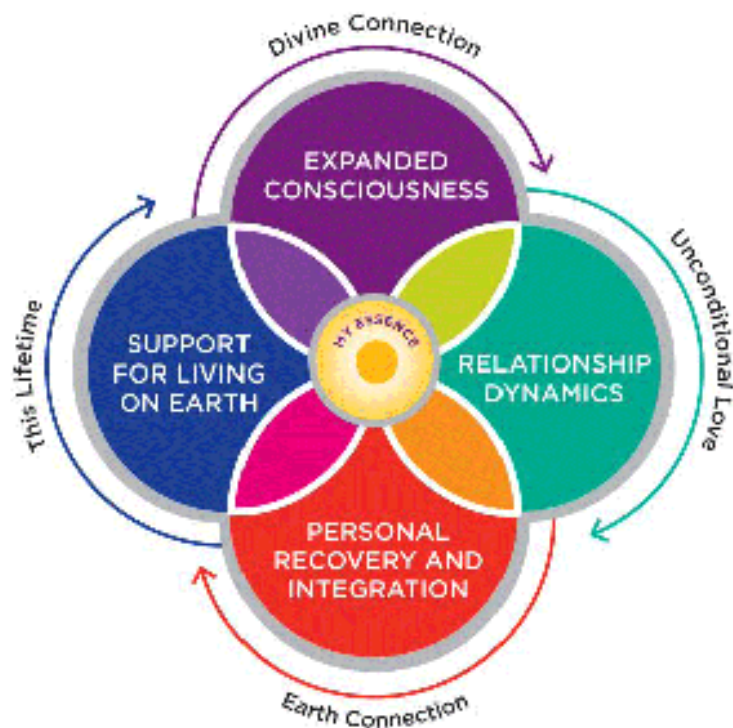
If you have experience some of the events listed above, you can assume you had an NDE.

This experience in another time/space occupies most of your thoughts as it seems more real than your earthly life.



WHAT ARE THE MAIN AFTEREFFECTS?

1. Upon your return, you may experience disappointment at being back, feeling the need to shrink or somehow fit back in the physical body.
2. Unpleasantness or even anger or tears at the realization you are now back on earth and no longer on "the other side".
3. You want to talk about your experience, but you can't or you are afraid to.
4. You have a sense of loneliness and bouts of depression.
5. You are thrilled because you feel privileged to have experience such a miracle.
6. You are more spiritual.
7. You lost the fear of death.
8. You are more thoughtful, caring and emotionally expressive.
9. You easily engage in more abstract thinking and you are more philosophical.
10. The lifestyle you have now adopted is healthier and more holistic.
11. You have an intense desire to help others with their spiritual journey.
12. You have new supernatural abilities you did not have before your NDE (empathic, energy conscience, can see future events, you can sense people's inner emotional state, others...).



HOW TO GET IN TOUCH WITH A WELLNESS PROFESSIONAL?

Please visit our page "Healthcare" and click on "find a Wellness professional"

HOW TO CONNECT WITH OTHER NDE EXPERIENCERS?

Please visit our "Experiencer" page and click on NDE Hang Out

CAN I SHARE MY STORY?

You can contact us or share your story at www.nderf.org

[CLICK HERE FOR MORE INFORMATION](#)



Dr. Mary Jo Bulbrook, RN, CEMP/S/I, ICF
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You are a healthcare professional and you are interested in obtaining a certification to assist NDE or STE experiencers integrating wholly their experience.

Near Death Experiencers often have trouble integrating their near-death experience and may require support and help to recover and heal in body, emotion, mind and spirit. Family members and health care professionals are generally ill-equipped to deal with the "unusual" aftereffects experienced. To address this growing problem, this University Based Certificate Program in integrative health was designed.

Goal: This worldwide training program prepares specialists in Integrative Health with a specialty in NDE-AFTER EFFECTS using an integrative approach to learn how to serve NDE'rs, their families, friends, and support health professionals to understand and help those affected by an NDE.



Welcome 'Home'

Where your voice is heard, and your experience understood.

Choose Your Journey

Be empowered by your afterlife experience.

CONTACT US

We would love to hear from you. If you need Support and Care after a Near Death or Spiritual Transformational Experience [Click here](#).

**Healthcare professionals or those interested in
A board certified training to help, click here.**

Name *

First Name

Last Name

Email Address *

Subject *

Message *

Stay in touch

We look forward to staying in touch!

Sign Up



This site is a resource of support and help for those interested in the topics of Near Death Experiences and other spiritual transformative experiences.

CONTACT US

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